



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

Office of the Schools Division
Superintendent

September 21, 2026

DIVISION MEMORANDUM
No. 787, s. 2026

**WEEKLY IRON FOLIC ACID (WIFA) SUPPLEMENTATION PROGRAM
IMPLEMENTATION**

To: Assistant Schools Division Superintendent
Chief, CID and SGOD
Public Secondary School Heads
All Others Concerned

1. In reference to Regional Memorandum No. 0705 s. 2026, entitled "**Weekly Iron and Folic Acid (WIFA) Supplementation Program Implementation**", all Public Secondary Schools are directed to support and implement the Weekly Iron and Folic Acid (WIFA) Supplementation Program for School Year 2026-2027. This health program aims to prevent iron deficiency anemia among female adolescents thus improve the adolescent's school performance and reduce absenteeism due to ill health.
2. The administration of one (1) Iron and Folic Acid (IFA) tablet shall be done after a full meal. The implementation shall be conducted in (2) rounds, as follows:
 - First round- last week of September to the third week of December 2026
 - Second round- January to March 2027
3. | Class Adviser/Class Teacher shall prepare the master list and collect Parental Consent of target learners and administer IFA tablets weekly (preferably every Monday). The Adolescent Reproductive Health/WIFA Focal person shall consolidate the accomplished forms and submit required reports, duly signed by the School Head.
4. School Health and Nutrition personnel shall provide technical assistance to ensure successful implementation of the WIFA Supplementation.
5. Attached to this Memorandum is the Notification Letter and Parental Consent Form for reproduction and distribution to the parents/guardian of eligible learners.
5. Immediate and wide dissemination of the Memorandum is desired.

WILFREDA D. BONGALOS PhD, CESO V
Schools Division Superintendent

WDB/JAL/SGOD/MCC/accd



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(038)427-1702; (038)427-2506
tagbilarancity.division@deped.gov.ph
<http://www.depedtagbilaran.org>

Notification Letter and Parental Consent

Dear Parents,

One of the health programs of DepEd is the Weekly Iron and Folic Acid Supplementation to Grade 7-12 female. This Health Program aims to prevent iron deficiency anemia among female adolescents thus improve the adolescent's school performance and reduce absenteeism due to ill health. We are hoping for your cooperation on this health program. Thank You!

- School Health and Nutrition Section-

Ako si _____ nagatugot sa akong anak nga si _____

Grade _____ nagskwela sa _____ (motugot/ dili motugot) nga makadawat sa
(Please underline)

"Weekly Iron+Folic Acid Supplements"

Rason if dili motugot: _____

Ngalan ug Pirma sa Ginikanan/Guardian

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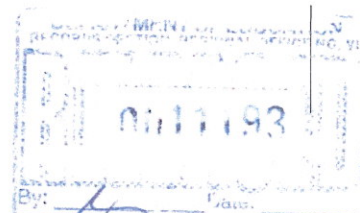
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Grade _____ nagskwela sa _____ (motugot/ dili motugot) nga makadawat sa
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"Weekly Iron+Folic Acid Supplements"

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Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS

Office of the Regional Director

DEPED TAGBILARAN CITY DIVISION
SDS OFFICE 8-132

REGIONAL MEMORANDUM

No. 0705 s. 2026

DOWNLOADED

17 AUG 2026

BY  DATE 8/18/2026

**WEEKLY IRON AND FOLIC ACID (WIFA) SUPPLEMENTATION PROGRAM
IMPLEMENTATION**

To: Schools Division Superintendents
Assistant Schools Division Superintendents
All Others Concerned

1. The Department of Education Region VII in partnership with the Department of Health- Center for Health Development, Central Visayas, through the Nutrition Program shall provide corresponding allocation of **Weekly Iron and Folic Acid (WIFA) supplements** for the School Year 2026-2027 for **FEMALE** learners.
2. The **WIFA Supplementation Program** aims to reduce the risk of iron deficiency anemia among non-pregnant, non-lactating learners from **Grades 7 - 12** through the weekly administration of Iron and Folic Acid supplements.
3. Hence, this Office requests for the facilitation and active implementation of the Weekly Iron and Folic Acid Supplementation Program. School health personnel shall spearhead in the implementation; and, School Heads, Teaching and Non-Teaching personnel shall provide their full support.
4. Further, guidelines on the allocation, consolidation and reporting forms can be accessed through this link: <https://bit.ly/4pYZ67o>. Stipulated are the allocations per Schools Division Office. School Health Personnel in coordination with the supply office are advised to receive the allocation that will be delivered directly to the Schools Division Office by the Department of Health.

SCHOOLS DIVISION OFFICE	ALLOCATION (TABLETS)
Bogo City	145,000 tablets
Bohol Province	1,920,000 tablets
Carcar City	250,000 tablets
Cebu City	1,320,000 tablets
Cebu Province	4,130,000 tablets
City of Naga	280,000 tablets
Danao City	260,000 tablets
Lapulapu City	725,000 tablets
Mandaue City	500,000 tablets
Tagbilaran City	175,000 tablets



DepEd Tayo Region VII



region7.deped.gov.ph



Doña M. Gaisano St., Sudlon, Lahug, Cebu City
Telephone Number: 639773295904 local 700

Talisay City	385,000 tablets
Toledo City	390,000 tablets

5. For further coordination, please contact the authorized representative of the WIFA program, Mr. Fredric Carl L. Te, Nutritionist Dietitian IV at 0923 731 3357 or at doh7fhsnutrition@gmail.com

6. Participation shall be subject to the discretion of the Schools Division Superintendent and subject to compliance with the No Disruption of classes policy as outlined in DepEd Order No. 9, s. 2005, titled "Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith." Additionally, participation in the activity must adhere to the No Collection policy as articulated in Section 3 of RA No. 5546, "An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Purpose or Projects from Students and Teachers of Public and Private Schools".

7. Immediate dissemination of this Memorandum is desired.

 **DR. ARTURO B. BAYOCOT, CESO III**
Regional Director