



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

Office of the Schools Division
Superintendent

August 04, 2026

DIVISION MEMORANDUM
No. 622 , s. 2026

**EMPOWERING EDUCATORS: FINAL INVITATION TO THE MENTAL HEALTH
CRISIS RESPONSE WORKSHOP**

To: Assistant Schools Division Superintendent
Chief, CID and SGOD
Public Elementary and Secondary School Principals
All Others Concerned

1. This Office, through the School Governance and Operations Division (SGOD), hereby disseminates a communication from Francheska Iubelle P. Perez, CMHA, RGC, Advocacy Officer, CYWTAC Inc., dated August 3, 2026, regarding the conduct of the **"Empowering Educators: Final Invitation to the Mental Health Crisis Response Workshop."** The communication invites interested personnel to participate in the said activity.
2. Participation in this activity is **Voluntary**.
3. Please see the attached communication for complete details.
4. Immediate dissemination of this information and strict compliance is desired.


WILFREDA D. BONGALOS PhD, CESO V
Schools Division Superintendent

WDB/JAAL/SGOD/MCC/rdo



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Empowering Educators: Final Invitation to the Mental Health Crisis Response Workshop

From cywtac_legazpi@yahoo.com.ph <cywtac_legazpi@yahoo.com.ph>

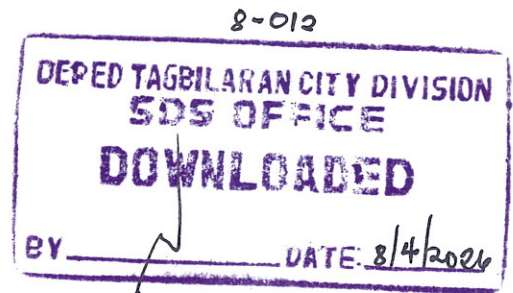
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 2 attachments (1 MB)

Workshop on Mental Health Crisis Response in Schools-DEPED.pdf; MH PROGRAM (1).png;

The Schools Division Superintendent

Department of Education
Schools Division Office



Thru: School Heads, Guidance Counselors, and Teachers

Dear Schools Division Superintendent:

Warm greetings!

As the registration period for the **Workshop on Mental Health Crisis Response in Schools** draws to a close, we would like to respectfully send this final follow-up and once again invite your Schools Division Office to participate in this meaningful professional development activity on **August 27–28, 2026, at Hotel Dominique, Tagaytay City.**

Today, more than ever, schools play a vital role not only in educating learners but also in safeguarding their mental and emotional well-being. Every educator has the potential to become a source of hope, stability, and support for students experiencing emotional or psychological challenges. By strengthening our knowledge and skills in mental health crisis response, we become better equipped to build school communities where every learner feels safe, valued, and understood.

This two-day workshop is designed to empower school heads, guidance counselors, teachers, and education personnel with practical, evidence-informed strategies for recognizing signs of psychological distress, responding appropriately during mental health crises, and strengthening school-based mental health and psychosocial support systems. Together, we can cultivate schools that foster resilience, compassion, and psychological safety for all.

We sincerely hope your Schools Division Office will support this initiative by encouraging the participation of interested school personnel and disseminating this invitation to your schools. Your support will help strengthen our shared commitment to creating learning environments where every child can thrive academically, socially, and emotionally.

Registration Fee:

PHP 5,500 – Regular Registration (July–August 2026 / Onsite)

A **50% down payment** is required to confirm registration. The registration fee includes workshop materials, a Certificate of Participation, and meals (three snacks and two lunches). This is a **live-out workshop**; accommodation is not included. Registration fees are **non-refundable but transferable**.

Kindly confirm participation **on or before August 21, 2026**. Upon confirmation, the registration forms and payment instructions will be provided.

For inquiries, please contact:

Tel/Fax: (052) 201-9889

Mobile: 0922-867-0941

Email: cywtac_legazpi@yahoo.com.ph

Facebook: CYWTAC Legazpi

Thank you for your unwavering dedication to the welfare of our learners and the continuous development of our educators. Together, we can strengthen schools that not only educate minds but also nurture hearts, inspire hope, and create lasting positive change in every school community.

We look forward to welcoming your participants to this worthwhile learning experience.

Thank you very much, and we hope to see your Schools Division represented in this important workshop.

Best Regards,

FRANCHESKA IUBELLE P. PEREZ, CMHA, RGC

Advocacy Officer, CYWTAC Inc.

Children and Youth Wellness Technical and Advocacy Center (CYWTAC) Inc.

Caño Bldg. Unit 14, 3rd Floor, Brgy. Baño, Legazpi City, Albay
(052) 201 9889

THE SCHOOLS DIVISION SUPERINTENDENT

Department of Education
Schools Division Office



*Helping People and
Communities Thrive,
one-at-a-time!*

UNIT 18, 1ST FLOOR, CANO BUILDING
BARANGAY BANG, LEGAZPI CITY
ALBAY, 6500, PHILIPPINES
052-2019889

Thru: School Heads, Guidance Counselors, and Teachers

Dear Schools Division Superintendent:

Warm greetings!

You are warmly invited to participate in the **Workshop on Mental Health Crisis Response in Schools** on **August 27–28, 2026** in **Hotel Dominique**, Km. 55 Aguinaldo Hiway, Barangay Maitim II, Emilio Aguinaldo Hwy, **Tagaytay City, 4120 Cavite**. As schools increasingly become spaces where learners experience emotional and psychological challenges, educators play a vital role in recognizing and responding to students who may be in distress. In many cases, teachers are the first adults who notice when a learner is struggling. Having the right knowledge and response strategies can make a meaningful difference in a young person's life. When educators are equipped to respond appropriately, schools become safer and more supportive environments for all learners. This workshop emphasizes that caring for students' mental health is not only a guidance function but a shared responsibility within the school community. By strengthening our skills in crisis response, we also strengthen our ability to nurture resilient, hopeful, and emotionally healthy learners.

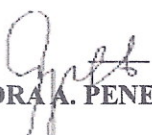
This two-day workshop aims to equip **teachers, guidance practitioners/counselors, and school leaders** with practical knowledge and compassionate strategies for responding to mental health crises in school settings. It seeks to help participants recognize warning signs of student distress, provide immediate psychological support, and strengthen school-based systems that promote student well-being and safety.

Due to the interactive nature of the sessions, participation is limited and registration will follow a **first-payment, first-reservation policy**. The registration fee is **PHP 5,000 for early registration until June 15, 2026**, and **PHP 5,500 from June 16 to August 2026 or onsite**, with a **50% down payment required to reserve a slot**. The fee includes workshop materials, certificate, and meals (three snacks and two lunches). This is a **live-out workshop**, and accommodation will be shouldered by participants. Registration fees are **transferable but non-refundable**. Kindly confirm your attendance on or before **August 21, 2026**.

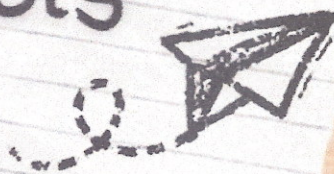
To confirm attendance, please contact us via telefax at **052-201-9889**, text at **0922-867-0941 (Sun)**, email at cwwtac_legazpi@yahoo.com.ph, or through private message via **CYWTAC Legazpi's Facebook account**. Once confirmed, we will send the registration form and bank details.

We look forward to your participation as we work together to create more compassionate and responsive school communities for our learners.

Warm regards,


DR. MARYLENDRA A. PENETRANTE, CLC, MASPED
Conference Chair
Executive Director – CYWTAC, Inc.

Workshop on Mental Health Crisis Response in Schools



Children and Youth Wellness, Technical,
and Advocacy Center (CYWTAC), Inc.

August 27-28,
2026

Hotel Dominique,
Tagaytay City, Cavite



Contact
Us On:

Workshop on Mental Health Crisis Response in Schools

Hotel Dominique
Tagaytay City
August 27-28, 2026

Program

Day 1

8:00-8:30 Registration

8:30-9:00 Opening Program

9:00-12:00 Topic 1: **Early Identification and Triage of Student Mental Health Crises**

1:00-5:00- Topic 2: **Immediate Intervention and De-escalation Techniques for School Staff**

Day 2

8:30-11:00 Topic 3: **Post-Crisis Recovery, Referral, and School-Based Support Systems**

11:00-11:30 Closing Program

11:30-12:00 Lunch and Home Sweet Home

