



Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

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Office of the Schools Division  
Superintendent

May 15, 2026


**DIVISION MEMORANDUM**

NO: 370 s. 2026

**CONDUCT OF THE REGIONAL TRAINING OF TRAINERS FOR THE KATATAGAN NG  
KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO (KATATAGAN)**

TO: Assistant Schools Division Superintendent  
Chief, CID and SGOD  
All Public Elementary and Secondary Principals  
All Others Concerned

1. This Office hereby disseminates Regional Memorandum No. 429 s. 2026, titled "Conduct of Regional Training of Trainers for the Katatagan ng Kalooban tungo sa Pagsulong ng Kabataang Filipino (KATATAGAN)" which is self-explanatory.
2. Please see attached RM 429 for the details.
3. Immediate and wide dissemination of this Memorandum is desired.

  
**WILFREDA D. BONGALOS PhD, CESO V**  
Schools Division Superintendent

WDB/JAAL/SGOD/MCC/fct



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Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS

10

14 MAY 2026

Office of the Regional Director

received sgop: (ce)  
5/14/26 @ 4:00

14 MAY 2026

**REGIONAL MEMORANDUM**

No. 0420, s. 2026

**CONDUCT OF THE TRAINING OF TRAINERS FOR THE KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO (KATATAGAN)**

To: Schools Division Superintendents  
Assistant Schools Division Superintendents  
All Others Concerned

- Attached is DepEd Memorandum DM-OULS-2026-167 from Assistant Secretary Carmela C. Oracion, OIC, Office of the Undersecretary for Learning Systems dated April 28, 2026, titled **Conduct of the Training of Trainers for the KATATAGAN ng Kalooban Tungo sa Pagsulong ng Kabataang Filipino (KATATAGAN)** on **May 17 to 23, 2026**, at **DepEd Ecotech Center, Sudlon, Lahug, Cebu City**, for the information and guidance of all concerned.
- The KATATAGAN supports the implementation of the Republic Act No. 12080, otherwise known as the Mental Health Services in Basic Education Act.
- Enclosed is the list of identified participants.
- For queries and clarifications, you may contact Dr. Rosa H. Cabotaje, KATATAGAN Regional Focal Person at [rosa.cabotaje@deped.gov.ph](mailto:rosa.cabotaje@deped.gov.ph).
- Wide and immediate dissemination of this memorandum is desired.



5-080

**DR. ARTURO B. BAYOCOT, CESO III**  
Regional Director

ABB/FYA/HRDD/NEAPRO/ MGD/rhc



Doña M. Gaisano St., Sudlon, Lahug, Cebu City  
Telephone Number: (032) 256-9466/639773295904 local 700

DepEd Tayo Region VII

[region7.deped.gov.ph](http://region7.deped.gov.ph)



**TRAINING OF TRAINERS FOR THE KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG  
KABATAANG FILIPINO (KATATAGAN)**

**List of Participants**

No.	Name	Grade Level	School/SDO
1	Christi C. Cortes	Grade IV	Cabancalan ES-Mandaue City
2	Lilibeth F. Cortes	Grade V	Cabancalan ES-Mandaue City
3	Desheryl M. Cuyos	Grade V	Bogo City
4	Cristina B. Ocon	Grade VI	Cabancalan ES-Mandaue City
5	Jacqueline B. Delda	Grade VI	Bohol
6	Sarah May A. Ruiz	Grade VII	Jagobiao NHS-Mandaue City
7	Richelle D. Resurreccion	Grade VII	Jagobiao NHS-Mandaue City
8	Mary Ann T. Alidon	Grade VII	Ocana National High School -Carcar City
9	Chyrrel B. Encontro	Grade VIII	Jagobiao NHS-Mandaue City
10	Elizabeth S. Vergara	Grade VIII	Jagobiao NHS-Mandaue City
11	Chrisren S. Flores	Grade VIII	Mabolo NHS -Cebu City
12	Joanne Y. Cutamora	Grade IX	Jagobiao NHS-Mandaue City
13	Edsa Pearl M. Tausa	Grade IX	Jagobiao NHS-Mandaue City
14	Eda Flor M. Arrabis	Grade IX	Cebu Province
15	Jo Ann P. Siege	Grade IX	City of Naga
16	Deevee B. Regala	Grade X	Jagobiao NHS-Mandaue City
17	Christine Joy G. Lacierda	Grade X	Jagobiao NHS-Mandaue City
18	Hannalyn Calvo	Grade 10	Danao City
19	John Al Carlou Romares Sadagnot	Grade 10	Lapu-Lapu City - Marigondon NHS
20	Ruby Josephine Louise V. Jabilles	Grade XI	Jagobiao NHS-Mandaue City
21	Adrian M. Sollano	Grade XI	Jagobiao NHS-Mandaue City
22	Rex U. Celosia	Grade XI	Tagbilaran City
23	Mary Joy C. Datoy	Grade XII	Jagobiao NHS-Mandaue City
24	Cherry Grace V. Reyes	Grade XII	Lagtang ES-Talisay City
25	Kent Lancer Alistre	Grade XII	Toledo City

AUB/EYA/BRDD/NEAPP/OT/MGB/shc



Doña M. Gaisano St., Sudlon, Lahug, Cebu City  
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Republic of the Philippines  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR LEARNING SYSTEMS

MEMORANDUM  
DM-OULS-2026-161

TO : **Regional Directors**  
**Schools Division Superintendents**  
**HRDD Chiefs/NEAP R Focal Persons**  
**All Others Concerned**

FROM : *Carmela Oracion*  
**CARMELA C. ORACION**  
Assistant Secretary  
Officer-in-Charge  
Office of the Undersecretary for Learning Systems

SUBJECT : **CONDUCT OF THE TRAINING OF TRAINERS FOR THE  
KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG  
KABATAANG FILIPINO (KATATAGAN)**

DATE : 28 April 2026

1. In support of the Department of Education's 5-point agenda, particularly in fostering an enabling learning environment that protects learners' physical and mental well-being, the National Educators Academy of the Philippines (NEAP), in collaboration with the Natasha Goulbourn Foundation (NGF), spearheads the implementation of the **Katatagan ng Kalooban Tungo sa Pagsulong ng Kabataang Filipino (KATATAGAN) Program**.
2. The training aims to strengthen the capacity of educators to facilitate resilience-building and psychosocial support interventions for learners through the KATATAGAN modules, which serve as supplemental resources that support the implementation of the Homeroom Guidance Program. This initiative supports the implementation of Republic Act No. 12080, otherwise known as the Mental Health Services in Basic Education Act, which mandates the institutionalization of school-based mental health programs and the strengthening of systems that promote the psychological well-being of learners and education personnel.
3. To operationalize this initiative, **the Training of Trainers for KATATAGAN program will be conducted from May 17 to 23, 2026, at DepEd Ecotech Center, Sudlon, Lahug, Cebu City.**
4. In this regard, the Regional Offices (RO) are requested to endorse participants for the said activity. Kindly refer to Enclosure 2 for guidelines in the selection of participants. Regional Directors (RD), through the designated RO personnel, are likewise requested to submit the official list of endorsed participants using the prescribed template **on or**



16<sup>th</sup> Floor, TechZone Condominium Corporation,  
213 Sen. Gil Puyat Avenue, Brgy. San Antonio, Makati City, 1209  
Email Address: [ouct@deped.gov.ph](mailto:ouct@deped.gov.ph) | Website: [www.deped.gov.ph](http://www.deped.gov.ph)

before **May 11, 2026 (Monday)**. The regional allocation of participants and the endorsement letter template are provided in the attached enclosures.

5. All identified participants are advised to confirm their attendance through the registration link: <https://mail.google.com/mail/u/0/#inbox> on or before **May 13, 2026 (Wednesday)**.
6. Enclosed are the following documents, for reference:
  - a. **Enclosure 1** *National Technical Working Group Members*
  - b. **Enclosure 2** *Guidelines in the Selection of Participants*
  - c. **Enclosure 3** *Regional Allocation of Participants*
  - d. **Enclosure 4** *Indicative Program of Activities*
  - e. **Enclosure 5** *Endorsement Template for Official List of Participants*
7. The participants are advised to check in on Day 0 (May 17, 2026; Sunday) and check-out on Day 6 (May 23, 2026; Saturday). Please see the meal schedule below.

MEALS	DAY 0 May 17, 2026 (Sunday)	DAY 1 May 18, 2026 (Monday)	DAY 2 May 19, 2026 (Tuesday)	DAY 3 May 20, 2026 (Wednesday)	DAY 4 May 21, 2026 (Thursday)	DAY 5 May 22, 2026 (Friday)	DAY 6 May 23, 2026 (Saturday)
Breakfast		✓	✓	✓	✓	✓	✓
AM Snack		✓	✓	✓	✓	✓	✓
Lunch	✓	✓	✓	✓	✓	✓	
PM Snack	✓	✓	✓	✓	✓	✓	
Dinner	✓	✓	✓	✓	✓	✓	

8. The participants are reminded to bring their own laptops, chargers, extension cords, other sources of internet connectivity (e.g., mobile data, pocket Wi-Fi, etc.), and any necessary medication/s.
9. The participants are entitled to *Vacation Service Credits (VSCs)* in accordance with DepEd Order No. 013, s. 2024 "Revised Guidelines on the Grant of VSCs for Teachers" or *Compensatory Time-Off* pursuant to CSC-DBM Joint Circular No. 2, s. 2004 "Non-Monetary Remuneration for Overtime Services Rendered," whichever is applicable.
10. The participants' board and lodging will be charged against NEAP Human Resource Development (HRD) Fund while transportation, per diem, and other incidental expenses will be charged to RO/SDO/school HRD/local funds, subject to the usual accounting and auditing rules and regulations.
11. Should you have questions and concerns, please coordinate with **Ms. Millie Jane T. Fudolig** or **Ms. Fleura Karina C. Lorenzo**, NEAP Professional Development Division, through email [neap.pdd@deped.gov.ph](mailto:neap.pdd@deped.gov.ph) / [fleura.lorenzov@deped.gov.ph](mailto:fleura.lorenzov@deped.gov.ph) / [millie.fudolig@deped.gov.ph](mailto:millie.fudolig@deped.gov.ph) or landline (02) 8715-9919.
12. For immediate dissemination and appropriate action.



16<sup>th</sup> Floor, TechZone Condominium Corporation,  
213 Sen. Gil Puyat Avenue, Brgy. San Antonio, Makati City, 1209  
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Republic of the Philippines  
**Department of Education**  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES

Enclosure 1

**LIST OF NATIONAL TECHNICAL WORKING GROUP MEMBERS**  
**KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO**  
DEPED ECOTECH CENTER, CEBU CITY, CEBU  
May 17 - 23, 2026

<b>DEPED CENTRAL OFFICE</b>	
<b>Name</b>	<b>Position</b>
1. Marife T. Morcilla	Overall Program Manager
2. Millie Jane T. Fudolig	Program Lead
3. Marvin DJ. Villafuerte	Member
4. Eric T. Sarmiento	Member
5. Jallal M. Malaguia	Member
6. Julie Lyka M. Ignao	Member
7. Angelo E. Bedaña	Member
8. Mathew M. Bofete	Member
9. Fleura Karina C. Lorenzo	Member
10. Roselle D. Cabiling	Member
11. Aizyl Ann E. Natanauan	Member
12. Chelsea R. Sagun	Member
13. Jojet T. Gabriel	Member



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Enclosure 2

**GUIDELINES IN THE SELECTION OF PARTICIPANTS**  
**KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO**  
DEPED ECOTECH CENTER, CEBU CITY, CEBU  
May 17 - 23, 2026

Endorsed participants must meet the following **qualification standards**:

- a. Position Requirement:**  
**Master Teacher**
  - must be classroom adviser
  - preferably a NEAP certified facilitator/ trainer
- b. Educational Attainment:**  
At least Master's Degree holder
- c. Facilitation and Leadership Skills:**
  - Demonstrates strong leadership skills in guiding teams and driving collective goals.
  - Exhibits effective facilitation skills in managing discussions and engaging participants meaningfully.
  - Capable of delivering professional development programs in a clear, organized, and engaging manner.



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Enclosure 3

**REGIONAL ALLOCATION OF PARTICIPANTS**  
*KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO*  
DEPED ECOTECH CENTER, CEBU CITY, CEBU  
May 17 - 23, 2026

REGION	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12	TOTAL
NCR	1	1	2	2	2	2	2	2	2	16
CAR	0	1	1	1	1	1	1	1	1	8
Region I	1	1	1	1	2	2	2	2	2	14
Region II	1	1	1	1	1	1	1	1	1	9
Region III	1	1	2	2	3	3	3	3	3	21
Region IV-A	1	2	3	3	3	3	3	3	3	24
Region IV-B	0	0	1	1	1	1	1	1	1	7
Region V	1	1	1	1	1	2	2	2	2	13
Region VI	1	1	2	2	2	2	2	2	2	16
Region VII	1	2	2	3	3	4	4	3	3	25
Region VIII	1	1	1	1	1	2	2	2	2	13
NIR	1	1	2	2	3	3	3	3	3	21
Region IX	1	1	1	1	1	1	1	1	1	9
Region X	1	1	1	1	2	2	2	2	2	14
Region XI	1	1	1	1	1	2	2	1	1	11
Region XII	0	1	1	1	1	1	1	1	1	8
Region XIII	1	1	1	1	1	2	2	2	1	12
<b>TOTAL</b>	<b>14</b>	<b>18</b>	<b>24</b>	<b>25</b>	<b>29</b>	<b>34</b>	<b>34</b>	<b>32</b>	<b>31</b>	<b>241</b>



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**Department of Education**  
 NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES

Enclosure 4

**INDICATIVE PROGRAM OF ACTIVITIES**  
**KATATAGAN NG KALOOBAN TUNGO SA PAGSULONG NG KABATAANG FILIPINO**  
 DEPED ECOTECH CENTER, CEBU CITY, CEBU  
 May 17 - 23, 2026

<b>DAY 0 (SUNDAY)</b> <b>May 17, 2026</b>			
<b>ARRIVAL OF PARTICIPANTS</b>			
1:00 pm – 2:30 pm	90	Arrival	NEAP PMT
2:30 pm – 3:00 pm	30	Health Break	
3:00 pm – 4:30 pm	90	Registration of Participants	
<b>END OF DAY 0</b>			

<b>DAY 1 (MONDAY)</b> <b>May 18, 2026</b>			
<b>Inclusive Time</b>	<b>Mins</b>	<b>Program</b>	<b>In-Charge</b>
8:00 am – 9:00 am	60	Opening Program	PMT
9:00 am- 9:30 am	30	Preliminaries on Resilience Building Establishing Rapport (Activity)	NGF
9:30 am – 10:00 am	30	TNA Results	Dr. Angelie D. Bautista
10:00 am – 10:30 am	30	<b>HEALTH BREAK</b>	
10:30 am -11:00 am	30	Overview and Rationale of the resilience/ Katatagan Program	Dr. Lucila O. Bance
11:00 am – 12:00 pm	60	Nature of Resilience	Dr. Pricila Marzan
12:00 pm – 1:00 pm	60	<b>LUNCH BREAK</b>	
1:00 pm – 1:20 pm	20	Resilience Energizer	Jan Vincent Timasa
1:20 pm – 2:45 pm	85	Strengths-Based Approaches to Build Confidence	Myreen P. Cleofe
2:45 pm – 3:00 pm	15	<b>HEALTH BREAK</b>	
3:00 pm – 4:00 pm	60	Workshop on Enhancing Self-Awareness Emotional Intelligence Training and Strength-Based Approach to Build Confidence	Leny Gadiana



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4:00 pm – 4:15 pm	30	End-of-Day Evaluation and Clearing House	PMT
<b>END OF DAY 1</b>			

<b>Day 2 (TUESDAY) May 19, 2026</b>			
Inclusive Time	Mins	Program	In-Charge
8:00 am – 8:30 am	30	Management of Learning <ul style="list-style-type: none"> <li>• Nationalistic Song</li> <li>• Prayer</li> <li>• Energizer</li> <li>• Learning Synthesis</li> </ul>	PMT
8:30 am – 10:00 am	90	Stress Management	Dr. Lucila Bance
10:00 am – 10:15 am	15	<b>HEALTH BREAK</b>	
10:15 am -12:00 pm	105	Strengthening One's Resilience	Leny G. Gadiana
12:00 pm – 1:00 pm	60	<b>LUNCH BREAK</b>	
1:00 pm – 1:05 pm	5	Resilience Energizer	Jan Vincent Timasa
1:05 pm- 2:45 pm	100	Pre-requisite Competencies for the Katatagan ng Kalooban Facilitators	Dr. Pricila Marzan
2:45 pm – 3:00 pm	15	<b>HEALTH BREAK</b>	
3:00 pm – 4:30 pm	90	Basic Helping Skills: As applied in Katatagan ng Kalooban Modules	Dr. Myreen P. Cleofe
4:30 pm – 4:45 pm	15	End-of-Day Evaluation and Clearing House	PMT
<b>END OF DAY 2</b>			

<b>Day 3 (WEDNESDAY) May 20, 2026</b>			
Inclusive Time	Mins	Program	In-Charge
8:00 am – 8:30 am	30	Management of Learning <ul style="list-style-type: none"> <li>• Nationalistic Song</li> <li>• Prayer</li> <li>• Energizer</li> <li>• Learning Synthesis</li> </ul>	PMT
8:30 am – 10:00 am	90	Building Support Systems	Dr. Angelie D. Bautista
10:00 am- 10:30 am	30	<b>HEALTH BREAK</b>	
10:30 am- 12:00pm	90	Collaboration Skills with Parents and Other Institutions in the Society	Dr. Milagros Arravillaga



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12:00 pm – 1:00 pm	60	<b>LUNCH BREAK</b>	
1:00 PM – 2:00 pm	60	Appropriate Attitude in the Implementation	Angelique Alferez
2:00 pm – 3:00 pm	60	Problem Solving Skills and Self-Regulation Skills	Dr. Angelie D. Bautista
3:00 pm – 3:15 pm	15	<b>HEALTH BREAK</b>	
3:15 pm – 4:30 pm	60	Facilitation and Managing Group Dynamics	Dr. Myreen Cleofe
4:30 pm – 4:45 pm	30	End-of-Day Evaluation and Clearing House	PMT
<b>END OF DAY 3</b>			

<b>Day 4 (THURSDAY)</b> <b>May 21, 2026</b>			
Inclusive Time	Mins	Program	In-Charge
8:00 am – 8:30 am	30	Management of Learning <ul style="list-style-type: none"> <li>• Nationalistic Song</li> <li>• Prayer</li> <li>• Energizer</li> <li>• Learning Synthesis</li> </ul>	PMT
8:30 am – 10:00 am	90	Relational Competence and Sense of Purpose	Dr. Milagros Arravillaga
10:00 am- 10:30 am	30	<b>HEALTH BREAK</b>	
10:30 am- 12:00pm	90	Resilience Anchors	Leny Gadiana
12:00 pm – 1:00 pm	60	<b>LUNCH BREAK</b>	
1:00 pm – 2:45 pm	105	Walk-Through: Per Year Level Module 1 and 2	NGF
2:45 pm – 3:00 pm	15	<b>HEALTH BREAK</b>	
3:00 pm – 4:30 pm	90	Walk-Through: Per Year Level Module 3 and 4	NGF
4:30 pm – 5:00 pm	30	End-of-Day Evaluation and Clearing House	PMT
<b>END OF DAY 4</b>			

<b>DAY 5 (FRIDAY)</b> <b>May 22, 2026</b>			
Inclusive Time	Mins	Program	In-Charge
8:00 am – 8:30 am	30	Management of Learning <ul style="list-style-type: none"> <li>• Prayer</li> <li>• Energizer</li> <li>• Learning Synthesis</li> </ul>	PMT
8:30 am – 9:00 am	30	Grade 4 Demonstration of Module	NGF



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9:00 am – 9:30 am	30	Grade 5 Demonstration of Module	NGF
9:30 am – 10:00 am	30	Grade 6 Demonstration of Module	NGF
10:00 am – 10:30 am	15	<b>HEALTH BREAK</b>	
10:30 am – 11:00 pm	30	Grade 7 Demonstration of Module	NGF
11:00 am – 11:30 pm	30	Grade 8 Demonstration of Module	NGF
11:30 am – 12:00 pm	30	Grade 9 Demonstration of Module	NGF
12:00 pm – 1:00 pm	60	<b>LUNCH BREAK</b>	
1:00 am – 1:30 pm	30	Grade 10 Demonstration of Module	NGF
1:30 am – 2:00 pm	30	Grade 11 Demonstration of Module	NGF
2:00 am – 2:30 pm	30	Grade 12 Demonstration of Module	NGF
2:30 pm – 3:00 pm	30	Health Break	NGF
3:00 pm – 5:00 pm	90	<b>CLOSING PROGRAM</b>	
<b>END OF DAY 5</b>			

<b>DAY 6 (SATURDAY)</b> <b>May 23, 2026</b>			
<b>DEPARTURE OF PARTICIPANTS</b>			
8:00 am – 12:00 am	90	Departure of Participants CHECK-OUT	Venue Staff
<b>HOME SWEET HOME</b>			



Republic of the Philippines  
**Department of Education**  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES

Enclosure 5: Endorsement Template

<REGIONAL OFFICE HEADER>

<Month> <Day>, 2026

**CARMELA C. ORACION**

Assistant Secretary  
Officer-in-Charge  
Office of the Undersecretary for Learning Systems

Dear **Asec. Oracion**:

Respectfully submitting the list of participants to attend the conduct of the **Katatagan ng Kalooban tungo sa Pagsulong ng Kabataang Filipino**.

No.	Name	Sex	RO/SDO/School	Position	Grade Level	DepEd Email
1						
2						

Thank you very much.

Very truly yours,

<Signature>  
<Full Name of Regional Director>  
<Position>