



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division
Superintendent**

October 2, 2025

DIVISION MEMORANDUM
SGOD-2025- 217

TO: ADELINE CARMEN C. DAGAMAC-Nurse II
MA. DULCE ALMA A. LOPOS- Principal, Dampas Elementary School
LEGARDO PALACA JR., EdD – Principal, Dr. Cecilio Putong National High School- SHS

ATTN: RETCHEL T. SUMAMPONG- Administrative Officer II
RONILO B. CAÑEDO- Registrar I

DEPED REGION VII ROLL-OUT FOR UNIVERSAL PREVENTION CURRICULUM (UPC) FOR SUBSTANCE USE: INTRODUCTION TO PREVENTION SCIENCE

1. You are hereby directed to attend the DepEd Region VII Roll- Out of the Universal Prevention Curriculum (UPC) for Substance Use: Introduction to Prevention Science on October 13-17, 2025 in Panglao Vista Suites, Purok 5, Dao, Dauis, Panglao Island, Bohol.
2. Ronilo B. Cañedo will be taking the place of Maria Flores P. Veloso in the seminar because she will transfer to DepEd Bohol.
3. Traveling and incidental expenses of the school personnel shall be charged against the School MOOE while the traveling and incidental expenses of the division personnel shall be charged against the Division MOOE.
4. For more details , kindly read the attached Regional Memorandum
5. For your guidance and compliance.

WILFREDA D. BONGALOS PhD, CESO V
Schools Division Superintendent 

WDB/JAL/SGOD/MCC/accd



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Republic of the Philippines
Department of Education
 REGION VII - CENTRAL VISAYAS

DEPARTMENT OF EDUCATION
 REGION VII - CENTRAL VISAYAS
 0011572
 11 SEP 2025

Office of the Regional Director

REGIONAL MEMORANDUM

No. **0309** s. 2025

9-115
**DEPED TAGBILARAN CITY DIVISION
 SDS OFFICE
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 BY [Signature] DATE: 9/12/2025

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11 SEP 2025

**DEPED REGION VII ROLL-OUT FOR UNIVERSAL PREVENTION CURRICULUM (UPC)
 FOR SUBSTANCE USE: INTRODUCTION TO PREVENTION SCIENCE**

To: Schools Division Superintendents
 Assistant Schools Division Superintendents
 All Others Concerned

1. This Office, through the Education Support Services Division (ESSD)–School Health and Nutrition Unit (SHNU), will conduct the **DepEd Region VII Roll-Out of the Universal Prevention Curriculum (UPC) for Substance Use: Introduction to Prevention Science** on **October 13–17, 2025**, at **Panglao Vista Suites, Purok 5, Dac, Dauis, Panglao Island, Bohol**.
2. The following have been identified as **Speakers and Technical Working Group (TWG)**:

| Office/ SDOs | Names |
|---------------------|--|
| Regional Office VII | Dr. Tomas T. Pastor (PMT) |
| | Dr. Rogelio John D. Villamor Jr. (Medic/Welfare Officer) |
| | Dr. Melissa M. Paradela (Medic/Welfare Officer) |
| | Dr. Grace B. Espos (Medic/Welfare Officer) |
| | Dr. Juvelyn Otero (Resource Speaker) |
| | Mary Joy C. Cañete (PMT) |
| | Maureen C. Reynes (PMT) |
| | Ashley Nova Tiengo (PMT) |
| Bohol Province | Predsil A. Bolotaulo, RN (Medic/ Welfare Officer) |
| Carcar City | Wamilyn W. Agnes, RN (Medic/Welfare Officer) |
| Cebu Province | Ivy Diez, RN (Resource Speaker) |
| | Romer Ranoco (Resource Speaker) |
| | John Michael R. Geromo, RN (Medic/Welfare Officer) |
| Cebu City | Marsha Lynn P. Abellana, RN (Medic/ Welfare Officer) |
| City of Naga | Janice S. Tomimbang, RN (Resource Speaker) |
| Danao City | Jason John Comendador, RN (Medic/Welfare Officer) |
| Mandaue City | Allen C. Sabornido, RN (Medic/Welfare Officer) |
| Talisay City | Anthony M. Bornel, RN (Medic/ Welfare Officer) |
| Toledo City | Dr. Melanie Cristy F. Uy-Mahinog (Resource Speaker) |



3. The **list of participants per division** is attached as **Annex A**, while the **Program Matrix** is attached as **Annex B** of this Memorandum.

4. Identified participants are directed to take note of the following reminders:

a. Pre-register through this link <https://forms.office.com/r/ZBbz41tTzZ> or scan the QR Code on or before **September 30, 2025**.



b. Room check-in is at 2:00 PM, October 13, 2025.

c. Check-out is at 12:00 NN, October 17, 2025.

d. Bring a laptop to access training materials and fully engage in the sessions.

5. Meals and accommodation shall be provided and charged against the Regional Funds downloaded to the host division, Bohol Province, while traveling and incidental expenses related to this activity shall be charged to the Regional Program Support Funds downloaded to the respective divisions. SDOs are requested to augment funds in case of shortages, subject to existing accounting and auditing rules and regulations.

6. Participants intending to leave earlier than the scheduled closing program must submit a **justification letter** duly signed by their Schools Division Superintendent (SDS).

7. For any clarifications, you may contact Dr. Rogelio John D. Villamor Jr., Media Officer IV, via email at rogelio.villamor@deped.gov.ph.

8. Immediate dissemination of and compliance with this Memorandum are directed.

A handwritten signature in blue ink, consisting of a stylized 'S' and 'J' followed by a horizontal line.

SALUSTIANO T. JIMENEZ JD, EdD, CESO III

Director IV
Regional Director

Annex A: Lists of Participants for the Roll-Out for Universal Prevention Curriculum (UPC) for
Substance Use: Introduction to Prevention Science

Region VII

| No. | Name | Designation | Office |
|-----|-------------------------------|-------------------------|---------------------|
| 1. | Richie Mayor | Medics/ Welfare Officer | SDO Bogo City |
| 2. | Shae Ryla Casiano | School Participant | |
| 3. | Fredsil A. Bolotaolo | Medics/ Welfare Officer | SDO Bohol Province |
| 4. | Aura Kristel P. Mayuman | School Participant | |
| 5. | Joseph C. Realista | | |
| 6. | Sueden S. Lanje | | |
| 7. | Wamilyn W. Agnes | Medics/Welfare Officer | SDO Carcar City |
| 8. | Airam Mae C. Basco | School Participant | |
| 9. | Maricel R. Deloyola | | |
| 10. | Jeoh John Tanudtanud | | |
| 11. | Jay Steven Fernandez | | |
| 12. | James Lee B. Garrido | Medics/Welfare Officer | SDO City of Naga |
| 13. | Kim Wilfred a. Obiso | School Participant | |
| 14. | Marian Blair D. Labang | | |
| 15. | Ronet S. Omambac | | |
| 16. | Carl Jeffrey B. Estano | Medics/Welfare Officer | SDO Cebu Province |
| 17. | John Michael R. Geromo | | |
| 18. | Phineas Jose Y. Zita | School Participant | |
| 19. | Jovet I. Arnaiz | | |
| 20. | Marsha Lynn P. Abellana | Medics/ Welfare Officer | SDO Cebu City |
| 21. | Forthia A. Desabille | School Participant | |
| 22. | Rubelyn G. Alomo | | |
| 23. | Jason John H. Comendador | Medics/ Welfare Officer | SDO Danao |
| 24. | Joshua P. Sagarino | | |
| 25. | Ma. Janica Crezel C. Iglesias | School Participant | |
| 26. | Jenifer C. Sarabia | | |
| 27. | Roel Alfred G. Mates | Medics/ Welfare Officer | SDO Lapu-Lapu City |
| 28. | Desiree S. Tatoy | | |
| 29. | Gil C. Limpangog | School Participant | |
| 30. | Jill M. Wahing | | |
| 31. | Beverly S. Baguio | | |
| 32. | Allen Carpio Sabornido | Medics/ Welfare Officer | SDO Mandaue City |
| 33. | Miriam G. Alejandro | School Participant | |
| 34. | Licar P. Manago | | |
| 35. | Gemainia P. Abobo | | |
| 36. | Adoline Carmen C. Dagamac | Medics/ Welfare Officer | SDO Tagbilaran City |
| 37. | Maria Flores P. Veloso | School Participant | |
| 38. | Retchel Sumampong | | |

| No. | Name | Designation | Office |
|-----|---------------------------|-------------------------|------------------|
| 39. | Anthony M. Bornel | Medics/ Welfare Officer | SDO Talisay City |
| 40. | Glorietta T. Lariosa | School Participant | |
| 41. | June Rachel R. Sedentario | | |
| 42. | Criselle Mae P. Jalop | | |
| 43. | Louella P. Bacalso | | |
| 44. | Jonery Hingpit | Medics/ Welfare Officer | SDO Toledo City |
| 45. | Jamila Malahay | School Participant | |
| 46. | Hezzel Ann Ladera | | |
| 47. | Veronica Shanne Baran | | |

Annex A: Lists of Participants for the Roll-Out for Universal Prevention Curriculum (UPC) for
Substance Use: Introduction to Prevention Science

Negros Island Region

| No. | Name | Designation | Office |
|-----|----------------------------|-------------------------|---------------------|
| 1. | Rowemar C. Palacios | Medics/ Welfare Officer | SDO Bais |
| 2. | Susan E. Gabutero | School Participant | |
| 3. | Don Jose G. Campoy | | |
| 4. | Jerry Baclaan | Medics/ Welfare Officer | SDO Bayawan |
| 5. | Ricky Boy C. Hoyohoy | School Participant | |
| 6. | Jayme Sarsuelo | | |
| 7. | Geisha P. Daragosa | Medics/ Welfare Officer | SDO Canlaon |
| 8. | Marian Lovette C. Matas | | |
| 9. | Wernel D. Regala | School Participant | |
| 10. | Sheryl Tan | | SDO Guihulngan |
| 11. | Queenie B. Absin | Medics/ Welfare Officer | |
| 12. | Frances Lyka H. Masicampo | School Participant | |
| 13. | Gretchen B. Aurea | | SDO Negros Oriental |
| 14. | Kennith C. Misamis | Medics/ Welfare Officer | |
| 15. | Mark Lester J. Amolo | | |
| 16. | Dennis A. Tapera | School Participant | |
| 17. | Flordelei P. Eltanal | | SDO Siquijor |
| 18. | Julita Gretek D. Catacutan | Medics/ Welfare Officer | |
| 19. | Novelyn M. Calunod | School Participant | |
| 20. | Melody Anne A. dela Pena | | SDO Tanjay |
| 21. | Evelyn C. Zerna | Medics/ Welfare Officer | |
| 22. | Arman R. Caolas | | |
| 23. | Roland D. Labe | | |
| 24. | Aliaa Kristy R. Sumile | School Participant | |
| 25. | Marjorie G. Balubayan | | |
| 26. | Luzvilla A. Tulabing | | |

Roll-Out for Universal Prevention Curriculum for Substance Use: Introduction to Prevention Science

--Panglao Vista Suites, Panglao Island, Bohol--
PROGRAM

DAY 1 Date: **October 13, 2025**

| <i>Module 1—Training Introduction</i> | | |
|---------------------------------------|------------------------|--|
| <i>Time of Day</i> | <i>Time of Session</i> | <i>Content</i> |
| Morning | | |
| 08:00-9:00 | 60 minutes | Registration of Participants |
| 09:00-9:30 | 30 minutes | Ceremonial welcome |
| 09:30-9:45 | 15 minutes | Trainer welcome, housekeeping, and ground rules |
| 09:45-10:45 | 60 minutes | Partner exercise: Introductions |
| 10:45-11:00 | 10 minutes | <i>Break</i> |
| 11:00-11:15 | 15 minutes | Presentation: Training Materials |
| 11:15-11:30 | 15 minutes | Why this training? |
| 11:30-11:45 | 15 minutes | Large-group exercise: Training expectations |
| 11:45-12:00 | 15 minutes | Small-group exercise: What kinds of information do you think you need to develop substance use prevention programming in your community? Where would you get this information? |
| 12:00-01:00 | 60 minutes | <i>Lunch</i> |

| <i>Module 2—Epidemiology of Substance Use and the Role of Prevention</i> | | |
|--|------------------------|--|
| <i>Time of Day</i> | <i>Time of Session</i> | <i>Content</i> |
| Afternoon | | |
| 01:30-01:45 | 15 minutes | Introduction to Module 2 |
| 01:45- 02:10 | 25 minutes | Presentation: Why prevention is important |
| 02:10-03:10 | 60 minutes | Presentation: Substance use: Impact on health |
| 03:10-03:25 | 15 minutes | <i>Break</i> |
| 03:25-03:40 | 15 minutes | Large-group exercise: Global substance use and prevention |
| 03:40-03:55 | 15 minutes | Large-group exercise: What is epidemiology |
| 03:55-04:25 | 30 minutes | Presentation: Epidemiology and prevention |
| 04:25-04:50 | 25 minutes | Small-group exercise: How epidemiology contributes to prevention |
| 04:50-05:00 | 10 minutes | Wrap-up |
| <i>End of Day 1</i> | | |

MASTER AGENDA

DAY 2 (Continued) Date: October 14, 2025

| Module 3—Definitions and Behaviors Addressed by Prevention. What Is Prevention Science? | | |
|--|------------------------|--|
| Time of Day | Time of Session | Content |
| Afternoon | | |
| 04:30-04:40 | 10 minutes | Presentation: Prevention research methodologies |
| 04:40-04:50 | 10 minutes | Review and discussion: Why prevention science is important |
| 04:50-05:00 | 15 minutes | Module 3 evaluation and wrap-up |
| End of Day 2 | | |

MASTER AGENDA

DAY 3 Date: October 15, 2025

| Module 4—Introduction to Monitoring and Evaluation: Key to Prevention Research | | |
|---|------------------------|---|
| Time of Day | Time of Session | Content |
| Morning | | |
| 08:00-9:00 | 60 minutes | Management Of Learning from Day 2 and energizer |
| 09:00-09:15 | 15 minutes | Introduction to module 4 |
| 09:15-09:35 | 20 minutes | Presentation: Evaluation and research |
| 09:35-09:45 | 10 minutes | Presentation: Evaluation methods and intent |
| 09:45-10:00 | 15 minutes | <i>Break</i> |
| 10:00-11:00 | 60 minutes | Presentation and discussion: Evaluation system and research designs |
| 11:00-11:30 | 30 minutes | Presentation and discussion: Sampling and measurement |
| 11:30- 11:45 | 15 minutes | Data collection, analysis, and statistics |
| 11:45-12:00 | 30 minutes | Presentation: Summary and review of module 4 and Evaluation |
| 12:00-01:00 | 60 minutes | LUNCH |

MASTER AGENDA

DAY 3 (Continued) Date: October 15, 2025

| Module 5—Evidence-Based Prevention Interventions and Policies: The UNODC International Standards on Drug Use Prevention | | |
|--|------------------------|--|
| Time of Day | Time of Session | Content |
| Afternoon | | |
| 1:00-1:20 | 20 minutes | Management of Learning Module 4 and Energizer |
| 01:20-01:40 | 20 minutes | Introduction to Module 5 |
| 01:40-02:05 | 20 minutes | Presentation and discussion: How the International Standards were developed |
| 02:05-02:25 | 20 minutes | Presentation: What makes it evidence-based prevention? |
| 02:25-02:45 | 20 minutes | Presentation and discussion: Quality of the studies and intervention categories |
| 02:45-03:00 | 15 minutes | <i>Break</i> |
| 03:00-03:20 | 20 minutes | Small-group exercise: Preparation for presentations on EB interventions/policies that target populations |
| 03:20- 03:40 | 20 minutes | Presentation and discussion: Infancy and early childhood |
| 03:40-04:10 | 20 minutes | Presentation and discussion: Middle childhood |
| 04:10-04:35 | 25 minutes | Presentation and discussion: Early adolescence and adolescence |
| 04:35-04:50 | 20 minutes | Presentation and discussion: Late adolescence and adulthood |
| 04:50-05:00 | 10 minutes | Wrap-up |
| End of Day 3 | | |

MASTER AGENDA

DAY 4 Date: October 16, 2025

| Module 5—Evidence-Based Prevention Interventions and Policies: The UNODC International Standards on Drug Use Prevention (Continued) | | |
|--|------------------------|---|
| Time of Day | Time of Session | Content |
| Morning | | |
| 08:00- 9:00 | 60 minutes | Management of Learning Day 3 and Energizer |
| 09:00- 09:15 | 15 minutes | Presentation and discussion: What have we learned from the International Standards |
| 09:15- 10:00 | 45 minutes | Small-group exercise: Applying EB strategies to your community |
| 10:00- 10:15 | 10 minutes | Module 5 evaluation |
| 10:15-10:30 | 15 minutes | <i>Break</i> |
| Module 6 — The Role of the Substance Use Prevention Coordinator and Prevention Specialist | | |
| Time of Day | Time of Session | Content |
| 10:30-10:45 | 15 minutes | Introduction to module 6 |
| 10:45-11:05 | 20 minutes | Presentation: Prevention coordinators: Professional development |
| 11:05-11:25 | 20 minutes | Presentation and discussion: Primary tasks of the prevention coordinator |
| 11:25-11:35 | 10 minutes | Presentation: Prevention coordinator skills |
| 11:35- 12:00 | 35 minutes | Large- and small-group exercise: Who are the stakeholders in your community |
| 12:00- 1:00 | 60 minutes | <i>LUNCH</i> |
| 01:00- 1:20 | 20 minutes | Presentation: Prevention coordinator skills (continued) |
| 01:20- 02:10 | 30 minutes | Presentation: Community needs assessment |
| 02:10-02:30 | 20 minutes | Large-group discussion: Needs assessment in the community |
| 02:30-02:45 | 15 minutes | Presentation: Substance use prevention interventions: Understanding the evidence base |
| 02:45- 03:00 | 15 minutes | <i>Break</i> |

MASTER AGENDA

DAY 4 (Continued) Date: October 16, 2025

| Module 6—The Role of the Substance Use Prevention Coordinator and Prevention Specialist (Continued) | | |
|--|------------------------|---|
| Time of Day | Time of Session | Content |
| Afternoon | | |
| 03:00-03:30 | 30 minutes | Presentation and discussion: Selecting EB preventive interventions and implementation |
| 03:30-04:30 | 60 minutes | Small-group exercise: Community/country teams develop prevention strategies |
| 04:30-04:45 | 15 minutes | Presentation: Supervisory skills |
| 04:45-05:00 | 15 minutes | Wrap-up |
| <i>End of Day 4</i> | | |

MASTER AGENDA

DAY 5 Date: October 17, 2025

Module 7—Review of Introduction to Prevention Science: Application to Practice

| <i>Time of Day</i> | <i>Time of Session</i> | <i>Content</i> |
|--------------------|------------------------|--|
| 08:00- 09:00 | 60 minutes | Management of Learning Day 4 and Energizer |
| 09:00-09:15 | 15 minutes | Introduction to module 7 |
| 09:15-09:20 | 10 minutes | Review of exercise |
| 09:20-10:20 | 60 minutes | Small-group exercise: Development of a plan to organize a preventive intervention in your country or community to integrate learning from this introductory curriculum |
| 10:20- 10:40 | 10 minutes | Break |
| 10:40 –11:40 | 60 minutes | Large-group discussion: Review of plans, approaches to overcoming barriers |
| 11:40- 12:00 | 25 minutes | Q&A session |
| 12:00- 1:00 | 60 minutes | LUNCH |
| 01:00- 02:00 | 60 minutes | Management of Learning Module 7 and Energizer |
| 02:00- 03:00 | 60 minutes | Action Planning and Training evaluation |
| 03:00- 03:10 | 10 minutes | Break |
| 03:10- 04:10 | 60 minutes | Program completion Ceremony |
| 04:10- 05:00 | 50 minutes | Wrap up and socialization |
| 05:00- 06:00 | 60 minutes | Home Sweet Home |