



Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division  
Superintendent**

DIVISION MEMORANDUM  
No. **767** s. 2025

TO : **MARY GRACE A. TAMPOS** – Registered Guidance Counselor – Manga NHS

FROM : **WILFREDA D. BONGALOS PhD CESO V**  
Schools Division Superintendent  
Office of the Schools Division Superintendent

SUBJECT : Invitation to attend the 60th National Midyear Conference of the  
Philippine Guidance and Counseling Association, Inc. (PGCA)

DATE : October 21, 2025

1. The Philippine Guidance and Counseling Association, Inc. (PGCA) will hold its 60th National Midyear Conference on **October 23–24, 2025**, at Bohol Tropics Resort and Holy Spirit School of Tagbilaran, with the theme “*PGCA Legacy: Stories to Conquer New Glories.*”
2. The Two-day seminar aims to highlight PGCA’s six decades of service and promote professional growth among guidance counselors, psychometricians, psychologists, social workers, and other helping professionals through plenary sessions and simultaneous workshops.
3. Attendance to this activity shall be on **Official Business**. Expenses related to the said activity shall be charged to School MOOE or other local funds, subject to the usual accounting and auditing rules and regulations.
4. For complete details, please refer to the attached official invitation from the PGCA National Secretariat.
5. For your guidance and compliance.

**WILFREDA D. BONGALOS PhD CESO V**  
Schools Division Superintendent

WDB/JAAL/ACCTG/MTS/mts



H. Zamora St., Dampas, Tagbilaran City, Bohol  
(038)427-1702; (038)427-2506  
tagbilarancity.division@deped.gov.ph  
<http://www.depedtagbilaran.org>



# PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

Room 107-A Philippine Social Science Center, Commonwealth Ave., Diliman, Quezon City  
[www.pgcainc.ph](http://www.pgcainc.ph) | [pgcasetretariat@gmail.com](mailto:pgcasetretariat@gmail.com) | Tel: 5310-4374 | 09615185164

October 17, 2025

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*Schools Division Superintendent*

*Department of Education - Tagbilaran City Schools Division*

*H. Zamora St., Dampas, Tagbilaran City, Bohol*

Dear Dr. Bongalos:

Warm greetings!

The Philippine Guidance and Counseling Association, Inc. (PGCA), in partnership with Holy Spirit School of Tagbilaran will hold its **60th National Midyear Conference** on October 23-24, 2025 at Bohol Tropics and Holy Spirit School of Tagbilaran. The theme of this year's midyear conference is **"PGCA Legacy: Stories to Conquer New Glories."** The theme celebrates six decades of PGCA's commitment to the advancement of the guidance and counseling profession in the country. It encourages counselors, psychologists, psychometricians, social workers, and other helping professionals to reflect on the rich history of PGCA while embracing innovation and excellence in the field of guidance and counseling.

This year's conference will feature dynamic plenary sessions on Day 1, along with twelve engaging simultaneous workshops on Day 2. These sessions and workshops will offer helping professionals an invaluable platform to learn from thought leaders, share best practices, and collaborate with peers in the field, fostering both personal and professional growth. In view of this, we are delighted to extend an invitation for the guidance counselors, psychometricians, psychologists, and social workers of your university to join us at the conference. Below are the details regarding registration fees:

CLASSIFICATION	Early Bird Rate	Regular Rate	Onsite Rate
	until August 31, 2025	until September 30, 2025	until October 23, 2025 (limited slots only)
PGCA Member	₱ 6,000.00	₱ 6,500.00	₱ 7,500.00
Non-Member	₱ 6,500.00	₱ 7,000.00	
Graduate Students (Member)	₱ 5,400.00	₱ 5,850.00	₱ 6,750.00
Graduate Students (Non-Member)	₱ 5,850.00	₱ 6,300.00	
PWD and Senior Citizen (Member)	₱ 4,800.00	₱ 5,200.00	₱ 6,000.00
PWD and Senior Citizen (Non-Member)	₱ 5,200.00	₱ 5,600.00	

The registration fee provides exclusive access to engaging plenary sessions and 2 interactive workshops, as well as a certificate of participation. Participants will receive a conference kit, including the PGCA Journal, e-newsletter, and an event t-shirt. Throughout the 2-day conference, participants will enjoy AM and PM snacks, along with lunch each day. Additionally, the registration fee covers the fellowship night dinner, offering a memorable evening of networking and camaraderie. This comprehensive package ensures a rewarding and enriching conference experience from start to finish.



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Modes of payment can be made through the following:

#### Bank of the Philippine Island (BPI)

Account Name: Philippine Guidance and Counseling Association, Inc  
Account Number: 2283-1077-04

#### Philippine National Bank (PNB)

Account Name: Philippine Guidance and Counseling Association, Inc.  
Account Number: 1086-7000-3964

#### E-Wallets (*i.e. GCash, PayMaya*)

Please use PGCA, Inc. as the account name whenever you deposit via bank transfer.

Please complete your registration by following this  
<https://bit.ly/60THMYCRegistration>

Alternatively, you can access the registration form by scanning the QR code below:



60TH MYC - REGISTRATION

For requests related to personal invitations, please complete the Google form using this <https://bit.ly/60thMYC-InvitationRequest>

For further inquiries, you may call us at (02) 5310-4374 or email at [pgcasetretariat@gmail.com](mailto:pgcasetretariat@gmail.com).

We look forward to welcoming you to the conference and are excited to have you join us. See you there!

Thank you very much.

Sincerely yours,

*Jaclyn Marie L. Cauyan*  
**JACLYN MARIE L. CAUYAN, PhD, RGC, LPT**  
*National Vice-President for Internal Affairs  
Chair, Conference and Program*

Noted by:

*Christopher P. Hernandez*  
**CHRISTOPHER P. HERNANDEZ, MAEd, MS, OTRP, RGC**  
*National President  
Over-all Chair, 60<sup>th</sup> National Midyear Conference*



**Philippine Guidance and Counseling Association, Inc.**

# 60<sup>th</sup> PGCA

National Mid-year Conference

**PGCA Legacy: Stories to Conquer New Glories**

**Day 1**


October 23, 2025  
**Bohol Tropics Resort**


**Day 2**

October 24, 2025  
**Holy Spirit School of Tagbilaran**



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Philippine Guidance and Counseling Association, Inc.

# 60<sup>th</sup> PGCA

National Mid-year Conference

**PGCA Legacy: Stories to Conquer New Glories**

**Day 1** October 23, 2025

**Dagohoy Grand Hall, Bohol Tropics Resort**

6:00-7:30 AM	Registration
	<p><b>Opening Program</b> Doxology and National Anthem Introduction of Participants</p> <p>BISU Chorale <b>Maria Teresita F. Mendoza, MA, RGC</b> <i>Secretary, PGCA National</i></p> <p>Welcome Address</p> <p><b>Christopher P. Hernandez, MAEd, MS, OTRP, RGC</b> <i>President, PGCA National</i></p>
7:30-8:00 AM	<p>Greetings and Messages:</p> <p><b>Hon. Erico Aristotle Aumentado, Governor, Bohol Province</b> <b>Hon. Mayor Jane C. Yap, Mayor, Tagbilaran City</b> <b>Maria Dina E. Golosino, RGC, PhD, President, PGCA Bohol Chapter</b></p> <p>Conference Overview and Program Orientation</p> <p><b>Jaelyn Marie L. Cauyan, PhD, RGC, LPT</b> <i>Vice President for Internal Affairs, PGCA National</i></p>
8:00-9:00 AM	<p><b>Keynote Address</b> <b>Anthony M. Penaso, PhD</b> <i>University President, Bohol Island State University (BISU), Tagbilaran City</i></p>
9:00 – 10:00 AM	<p><b>Plenary Session 1: The Counselor Personified</b> <b>Speaker: Christopher P. Hernandez, MAEd, MS, OTRP, RGC</b> <i>President, PGCA National</i> <i>Guidance Services Specialist, UPD Office of Counseling and Guidance</i></p>
10:00-11:00 AM	<p><b>Plenary Session 2: Collaboration Among Mental Health Professionals in Transforming Stories to Healing and Growth</b> <b>Speaker: Enrique S. Felisario II, PhD, RPsy</b> <i>Clinical Psychologist, Safe Space Psychological Services</i></p>
11:00 -11:30 AM	<p><b>PRC Updates</b> <b>Speaker: Honorable Luzviminda S. Guzman, EdD, RGC</b> <i>Chair, Professional Regulatory Board of Guidance and Counseling</i></p>
11:30 AM – 12:30 PM	Lunch Break (Intermission: Skilar Tales)

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Philippine Guidance and Counseling Association, Inc.

# 60<sup>th</sup> PGCA

National Mid-year Conference

**PGCA Legacy: Stories to Conquer New Glories**

**Day 1** October 23, 2025

Dagohoy Grand Hall, Bohol Tropics Resort

12:30-1:30 PM	<b>Special Membership Meeting</b> Adelaida C. Gines, PhD, RGC, RPsy <i>Chair, Constitution and By-Laws Committee</i>
1:30-2:30 PM	<b>Plenary Session 3: Traversing Life's Uncertainties Using Acceptance and Commitment Therapy (ACT)</b> Speaker: Evangeline Aguilan, PhD, RGC, RPsy, Rpm <i>Past President, PGCA National Board of Director, PGCA National</i>
2:30-3:30PM	<b>Plenary Session 4: Psycho-Spiritual Integration in Mental Health</b> Speaker: Fr. Arsenio A. Lumiqued Jr, MSC, PhD, RGC <i>Faculty &amp; Family Counselor, RMT – Center for Family Ministries Ateneo De Manila University Auditor, PGCA National</i>
3:30-4:30 PM	<b>Plenary Session 5: Managing Gen Zs with a Heart through Social Emotional Learning Strategies</b> Speaker: Sheila Marie G. Hocson, PhD, RGC, RPsy, Rpm, LPT <i>Past President, PGCA National Business Manager, PGCA National</i>
4:30 – 5:00 PM	<b>Open Forum</b>
<b>Host:</b> Lydee Gie Peguit, MA, RGC, <i>Head, Social Science Department, Crystal e-College</i>	
<b>Officers of the Day:</b> Annabelle M. Sangalang, MAEd, RGC Danilo B. Talusan, MA, RGC, Rpm Honey Belle Vicencio MA, RGC Maria Dina Golosino, PhD, RGC	
JJ's Seafood Village (Poblacion 2, Tagbilaran City)	
6:00 – 7:30 pm	<b>Fellowship Night</b>



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Philippine Guidance and Counseling Association, Inc.

# 60<sup>th</sup> PGCA

National Mid-year Conference

PGCA Legacy: Stories to Conquer New Glories

Day 2 October 24, 2025

Holy Spirit School of Tagbilaran  
New Building - J. Clarin St. Purok 3, Dao, Tagbilaran City

## Simultaneous Workshops

8:00 AM - 12:00 NN , 1:00 PM - 5:00 PM

### BASIC

Workshop Title	Facilitator
Brief Introduction to Existential Humanistic Counseling	Vincent Thomas Evangelista, RN, RPN, RPsy, CCATP, CCTP-II, CTMH, CGCS <i>Psychotherapist - Founder</i>
Wired to Connect: Cracking the Code of Group Energy	Ma. Honey Belle Vicencio, MA, RGC, LPT <i>Vice President for External Affairs, PGCA National Senior Supervisor, National University Manila</i>
Navigating Life's Storms: Enhancing Client and Counselor Well-being through Adversity Quotient	Brendly Ann C. Mateo, MAGC, RGC <i>Faculty, Carlos Hilado Memorial State University</i>
From Our Stories to Our Strategy: Co-Designing Effective Employee Assistance Programs (EAPs)	Michelle Christine B. Magumbol, MFS, MA, RGC <i>Assistant Secretary, PGCA National Resiliency Coach, MindNation</i>

### INTERMEDIATE

Workshop Title	Facilitator
Topography: Unfolding Stories (Bibliodrama: Psycho-Spiritual Approach)	Maria Dina E. Golasino, PhD, RGC <i>President, Bohol Chapter University Director - Guidance and Counseling Services, Bohol Island State University</i>
Becoming Culturally Sensitive Mental Health Professionals	Evangeline Aguilan, PhD, RGC, RPsy, RPN <i>Past President, PGCA National Board of Director, PGCA National</i>
Know Your Impact: Leveraging AI Tools for Research in Counseling	Joselito Banono Jr, RPsy, RPN, CSSP <i>Faculty Cebu Institute of Technology-University</i>
Creating Safe Spaces: Trauma-Informed Approaches for Student Well-being	Abigail Laurente-Gorgonio, PhD, RGC <i>Counselor, Cebu International School</i>



Philippine Guidance and Counseling Association, Inc.

# 60<sup>th</sup> PGCA

National Mid-year Conference

PGCA Legacy: Stories to Conquer New Glories

Day 2 October 24, 2025

Holy Spirit School of Tagbilaran  
New Building - J. Clarin St. Purok 3, Dao, Tagbilaran City

### Simultaneous Workshops

8:00 AM - 12:00 NN , 1:00 PM - 5:00 PM

#### ADVANCED

Workshop Title	Facilitator
A Journey to My Qualitative Research <i>(AM only - Bring research proposal for the workshop)</i>	Adelaida C. Gines, PhD, RGC, RPsy <i>Past President, PGCA National</i>
Family Sculpting: A Journey Towards Wellness	Fr. Arsenio A. Lumiqued Jr, MSC, PhD, RGC <i>Faculty &amp; Family Counselor, RMT – Center for Family Ministries, Ateneo De Manila University Auditor, PGCA National</i>
Utilizing Acceptance and Commitment Therapy in Navigating Grief Experiences of Students	Myla Pilar S. Pamplona, PhD, RGC, RPsy <i>Board of Director, PGCA National University Counselor, De La Salle University Manila</i>
Dialectical Behavior Therapy: Applications and Interventions in Counseling	Danilo B. Talusan, MA, RGC, Rpm <i>P.R.O., PGCA National Guidance Counselor, Far Eastern University</i>
Empty Chair Technique: A Magical Approach Towards Healing and Wellness	Eduardo C. Caligner, PhD, RGC, RPsy, Rpm <i>Board Member, PGCA National Chief Psychologist, Sivana Heart of Psychological Services</i>

#### Officers of the Day:

Maria Teresita F. Mendoza, MA, RGC  
Sheila Marie G. Hocson, PhD, RGC, RPsy, Rpm, LPT

#### In-Charge of Workshops:

Merrie Carolyne Garcia, MA, RGC, Rpm, LPT  
Teresa Garcia, MA, RGC

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