



Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools  
Division Superintendent**

August 5, 2025

DIVISION MEMORANDUM

No. 507 s. 2025

**WELLNESS CAMPUS PROGRAM IMPLEMENTATION FOR SY 2025-2026**

To: Assistant Schools Division Superintendent  
Chief CID and SGOD  
Public Elementary and Secondary School Principals  
Public Elementary and Secondary School Wellness Coordinators  
All Others Concerned

1. The Department of Education Region VII in partnership with Nestle Philippines Incorporated through its implementing arm, the Greatfill Team Inc., conducted the regional launching to the 12 Schools Division Office for SY 2025-2026 edition of the Wellness Campus Program last July 17, 2025 at ECOTECH, Sudlon, Lahug, Cebu City.

2. The Wellness Campus Program implementation has its emphasis on developing healthy habits of learners, teachers and parents as well as through nutrition education, physical activity, good personal hygiene and solid waste management. The program has been sustainably implemented in the Department of Education through the Education Support Services Division (ESSD) for years. With the strong cooperation and collaboration from the Schools Division Office, learners and teachers garnered national awards.

3. In this regard, this office humbly requests for the active implementation of the Wellness Campus Program which has additional learner-parent-teacher participation on all the activities and competitions. Designated School Focal Person and School Heads are enjoined to facilitate and give full support in the implementation of the program thereafter. Expenses relative to the conduct and implementation shall be charged to local/MOOE funds subject to the usual auditing and accounting rules and regulations.

4. Participation shall be subject to the compliance with the No Disruption of Classes policies outlined in DepEd Order No. 9, s. 2025 titled 'Instituting Measures to Increase Engaged Time-On-Task'. Additionally, participation in the activity must adhere to the No Collection Policy as articulated in Section 3 of RA No. 5546, An Act Prohibiting the Sale of Tickets and/or the Collection of Contribution for Whatever Purpose or Projects from Students and Teachers of Public and Private Schools.



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**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

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5. For the details of the contest mechanics, please refer to the attachments or contact the Division Focal or the Division Ambassador.
6. For information and immediate dissemination of this Memorandum.

**WDB/JAAL/CID/JTB/aal**

**WILFREDA D. BONGALOS PhD, CESO V**  
Schools Division Superintendent

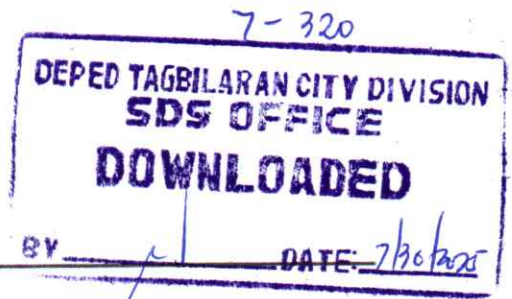


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Republic of the Philippines  
Department of Education  
REGION VII - CENTRAL VISAYAS



Office of the Regional Director

**REGIONAL MEMORANDUM**

No. 0744 s. 2025

24 JUL 2025

**WELLNESS CAMPUS PROGRAM IMPLEMENTATION FOR SY 2025-2026**

To: Schools Division Superintendents  
Assistant Schools Division Superintendents  
All Others Concerned

1. The Department of Education Region VII in partnership with Nestle Philippines Incorporated through its implementing arm, the Greatfil Team Inc., conducted the face-to-face regional launching to the 12 Schools Division Office for the SY 2025-2026 edition of the Wellness Campus Program last July 17, 2025 at ECOTECH, Sudlon Lahug, Cebu City.
2. The Wellness Campus Program implementation has its emphasis on developing healthy habits of learners, teachers and parents as well through nutrition education, physical activity, good personal hygiene and solid waste management. The program has been sustainably implemented in the Department of Education through the Education Support Services Division (ESSD) for years. With the strong cooperation and collaboration from the Schools Division Office, learners and teachers garnered national awards.
3. In this regard, this Office humbly requests for the active implementation of the Wellness Campus Program which has additional learner-parent-teacher participation on all the activities and competitions. Program launching and start of implementation are highly requested to be conducted at an appropriate schedule from issuance of this Memorandum until April 30, 2026. Designated Division/District/School Focal Person and School Heads are enjoined to facilitate and give full support in the implementation of the program thereafter. Expenses relative to the conduct and implementation shall be charged to local/MOOE funds subject to the usual auditing and accounting rules and regulations.



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DepEd Tayo Region VII



region7.deped.gov.ph



4. Participation shall be subject to the discretion of the Schools Division Superintendent and is subject to compliance with the No Disruption of classes policy as outlined in DepEd Order No. 9, s. 2005 titled "Instituting Measures to Increased Engaged Time-On-Task". Additionally, participation in the activity must adhere to the No Collection policy as articulated in Section 3 of RA No. 5546, "An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Purpose or Projects from Students and Teachers of Public and Private Schools".

5. For the details of the contest mechanics, please refer to attachments or contact this Office through the ESSD.

6. For information and immediate dissemination of this Memorandum.



**SALUSTIANO T. JIMENEZ JD., EdD., CESO III**  
Director IV  
Regional Director

**S.Y. 2025-2026 DEPARTMENT OF EDUCATION  
NESTLÉ WELLNESS CAMPUS PROGRAM**

**GENERAL MECHANICS**

**PROGRAM OBJECTIVES:**

- To promote good nutrition and active lifestyle amongst public school students ages 7-17 years old.
- To help educate students and parents on seven healthy habits:
  - Choose Nutritious and Varied Options
  - Manage Portions
  - Choose Water and Milk
  - Play Actively
  - Enjoy Meals Together
  - Keep Good Hygiene
  - Care for the Planet
- To support the wellness of public schools' students, teachers, and parents through the Nestlé Wellness Campus Facebook Communities.

**COVERAGE:**

Grades 1-10 in all public schools of the following regions:

- National Capital Region (NCR)
- Region 4-A (CALABARZON)
- Region 5 (Bicol)
- Region 6 (Western Visayas)
- Negros Island Region (NIR)
- Region 7 (Central Visayas)
- Region 8 (Eastern Visayas)
- Region 10 (Northern Mindanao)
- Region 11 (Davao Region)

**DURATION:**

June 16, 2025 – April 30, 2026

**MECHANICS:**

The DepEd and Nestlé Wellness Campus Program (the "Program") is a partnership between the Department of Education (DepEd) and Nestlé Philippines, Inc. (NPI) and will be implemented by Greatfil Team, Inc. (GTI).

The Program will be implemented through the participating DepEd Regional Offices who will appoint the Division Supervisors or other DepEd officials to ensure that the Program will be implemented in all schools in their respective divisions in both elementary and junior high school levels. Division

Supervisors or those appointed by the DepEd Regional Office in coordination with the Division Office will also be the contact persons in their respective divisions.

The S.Y. 2025-2026 Program implementation will give more emphasis on developing the students, teachers, and parents' healthier habits through nutrition education, physical activity, and solid waste management. The Nestlé Wellness Campus Facebook Communities will serve as a platform for inter-school competitions, a repository of modules, music, and videos, and a space for parents and teachers to share wellness ideas and practices. Additionally, webinars, cooking demos, and Nestlé-sponsored activities will be conducted on these digital platforms.

The implementation of the Program will be in three (3) parts, as follows:

**Part 1: NUTRITION EDUCATION FOR ELEMENTARY, JUNIOR HIGH SCHOOL STUDENTS AND ADULTS (Teachers and Parents) IN ALL PUBLIC SCHOOLS IN THE NINE (9) PARTICIPATING REGIONS.**

1. NPI, in collaboration with GTI, will provide modules in the form of video content. These videos are encouraged to be integrated into the Elementary and Junior High School MAPEH curriculum, in accordance with DepEd rules and regulations.
2. Video modules will also be made available for parents, which can be utilized during PTA meetings or other face to face sessions in school. These modules aim to educate parents about the significance of good nutrition, maintaining a balanced diet, and understanding food labels.
3. Worksheets and activities are provided for students and/or parents to read and work on together, either at home or in the classrooms whenever feasible.
4. To ensure smooth program implementation, NPI, through GTI, will provide soft copies of the following materials to both division supervisors and MAPEH school coordinators:
  1. Lesson guides
  2. Videos of the modules
  3. Worksheets
  4. Contest Mechanics
5. For faster distribution, they may also get a copy of the materials through the GTI representatives.

**Part 2: NESTLÉ WELLNESS CAMPUS DANCERCISE**

1. NPI, through GTI, will provide a soft copy of the official Nestlé Wellness Campus dancercise music and choreography video to each Division Supervisor in charge of the Program.
2. Teachers are encouraged to use the dancercise as a warm-up exercise during the flag ceremonies, during PE classes, and other related activities.

### Part 3: SY 2025-2026 NESTLÉ WELLNESS CAMPUS CONTESTS AND RECOGNITION

The current school year marks the 13<sup>th</sup> year of the Nestlé Wellness Campus program. NPI, through GTI, aims to make the program more fun and exciting through different competitions, allowing students, teachers, and parents to apply the knowledge gained from the provided modules. Winners who excel in these competitions will receive well-deserved recognition, while also contributing scores that will contribute to their respective regions' success.

The competitions will have three (3) categories, namely:

- A. Inter-school Competition
- B. Inter-division Competition
- C. Inter-region Competition

#### A. INTER-SCHOOL COMPETITION

1. The inter-school category is open only to all public schools in both elementary and junior high school in the nine (9) participating regions namely:
  - i. National Capital Region (NCR)
  - ii. Region 4-A – CALABARZON
  - iii. Region 5 – Bicol Region
  - iv. Region 6 – Western Visayas
  - v. Negros Island Region (NIR)
  - vi. Region 7 – Central Visayas
  - vii. Region 8 – Eastern Visayas
  - viii. Region 10 – Northern Mindanao
  - ix. Region 11 – Davao Region
2. Schools are strongly encouraged to participate in all categories. Interested schools must submit the registration form and ensure that students have duly signed the consent waiver form to confirm their participation.
3. The inter-school competitions are as follows:
  - i. Nestlé Wellness Campus Hataw Sayaw Year 3
  - ii. Nestlé Wellness Best Implementing School
  - iii. Sarap Sustansya Cook Off Competition (Junior High School only)
4. Kindly refer to the attached sheets for the mechanics for each competition.
5. Each school is permitted to submit only one (1) entry for each competition. However, integrated schools have the opportunity to submit two entries: one (1) for the elementary level and one (1) for the junior high school level. The Sarap Sustansya Cook-off, on the other hand, is exclusively for the Junior High School level.

## B. INTER-SCHOOLS DIVISION COMPETITION

The school year 2025-2026 marks the third year of the NWC Program's implementation of the inter-division competition, aimed at recognizing the Schools Division that demonstrates excellence in program implementation.

Inter-Schools Division Competitions are as follows:

1. *Outstanding Schools Division of the Year*
2. *NWC Dance Masters for Teachers (refer mechanics in a separate sheet)*
3. *Outstanding NWC Focal Person of the Year*

The **Inter-Schools Division Category** will have two levels as follows:

- Regional level
- National level

**In the regional level competition**, the winner will be determined based on NWCP implementation in all schools in the division and the performance of the schools representing the division in the regional level competitions. The winning division will be declared the Outstanding Schools Division of the Year in the region and correspondingly the focal person assigned will be declared the "Outstanding Focal Person of the year" in the region.

**In the national level competition**, the Top Three (3) Schools Divisions will be determined based on the following:

1. Overall Program Implementation of the Nestlé Wellness Campus in their respective division;
2. Performance of the Schools Representing their Division/Region in the national-level competitions;
3. Participation and Performance in the NWC Dance Masters for Teachers, where teacher-representatives from the division competed in the on-line platform at the national level.

The combined scores from these components will determine the final ranking.

The Top Three Schools Divisions will be awarded the title:

- NWC Most Outstanding Schools Division of the Year – Nationwide
- First Runner-Up
- Second Runner-Up

In addition, the **Division Focal Persons** who led these top three divisions will be recognized as follows:

- National Outstanding Division Focal Person of the Year-Nationwide
- First Runner-Up
- Second Runner-Up

Below are the criteria in the selection of winners in the inter-division competitions:

**A. Criteria for the Regional Competition:**

Part 1: Program Implementation	30%
<i>(based the percentage of schools implementing the program)</i>	
a. Student and Parent Module	70%
b. Dancercise implementation	30%
 Part 2: Rank of Schools in the Regional Competition	 70%
Corresponding Weight of Events:	
a. NWC Hataw Sayaw Y3: students	40%
b. NWC Best Implementing School	40%
d. Sarap Sustansya Cook-Off	20%
 TOTAL	 100%

**B. Criteria for the National Competition:**

Part 1: Program Implementation	30%
<i>(based the percentage of schools implementing the program)</i>	
a. Student and Parent Module.	70%
b. Dancercise implementation	30%
 Part 2: Rank of Schools in the National Competition	 70%
Corresponding Weight of Events:	
a. NWC Hataw Sayaw Year 3-Video	30%
b. NWC Hataw Sayaw – People’s Choice	20%
c. NWC Best Implementing School	30%
d. Sarap Sustansya Cook-Off - F2F	10%
e. Sarap Sustansya-People’s Choice	5%
f. NWC Dance Masters – Teachers	5%
 TOTAL	 100%

Prizes- All prizes will be in prize package plus plaque

Regional Winner – One (1) winner per region

Outstanding Schools Division in the Region – Ps.50,000.00

National Winners: -

“Nestlé Wellness Campus Best Schools Division of the Year Award”

National Champion - Ps. 100,000.00

First Runner-up - Ps. 75,000.00

- Second Runner-up - Ps. 50,000.00

**C. INTER-REGION COMPETITION**

In SY 2025-2026, the Nestlé Wellness Campus Best Region of the Year award will be awarded to the DepEd regions that have demonstrated exceptional performance in implementing the program.

**1. NWC BEST REGION OF THE YEAR COMPETITION**

The NWC Inter-region competition for the Best Region of the Year is divided into two parts and will have the corresponding weights as follows:

Part 1: Program Implementation	50%
Part 2: Overall Score Gained by Schools and Divisions representing the Region in the National Level Competition	<u>50%</u>
<b>Total</b>	<b>100%</b>

**Part 1: (50%) PROGRAM IMPLEMENTATION Criteria for Judging**

<i>Implementation of modules for students</i>	30%
<i>Implementation of modules for adults</i>	25%
<i>Implementation of Dancercise</i>	25%
<i>Submission of Certificate of Completion</i>	<u>20%</u>
<b>TOTAL</b>	<b>100%</b>

*Note: Assigned DepEd Division Supervisors will ensure that those who will participate in the Program are legitimately enrolled grades 1-6 and grades 7-10 students.*

In order for a region to achieve the maximum score per criteria, 100% of the schools in the region based on the list validated by the Division Supervisor in charge of the Program should be able to:

1. Implement the video modules for students and parents.
2. Implement the dancercise, whenever possible
3. Submit the duly signed certificates of completion.

Wellness Ambassadors from GTI, together with the duly assigned DepEd Division Supervisors will monitor the schools in their respective divisions to validate the school implementation, via actual visit or online, whichever is possible.

Validation period will be announced separately.

**Part 2: (50%) OVERALL SCORE EARNED BY SCHOOLS AND DIVISIONS  
REPRESENTING THE REGION IN THE NATIONAL LEVEL COMPETITION**

The **overall score** of the schools (Elementary and Junior High School) and Schools Divisions representing each region in the National Level competitions will be **based on rankings**, with points awarded only to entries that place within the **Top 20** in each category. The following competitions will be used in the scoring, with their corresponding percentage weights:

1. NWC Hataw Sayaw Year 3 -Video	20%
2. NWC Hataw Sayaw People's Choice	20%
3. NWC Dance Masters - On-line	10%
4. Sarap Sustansya Cook Off	10%
5. Sarap Sustansya People's Chocie	5%
6. NWC Best Implementing School	30%
7. NWC Best Schools Division of the Year	5%
TOTAL	100%

Average scores from Part 1 and Part 2 will be calculated. The region with the highest score will be declared as the **"SY 2025-20256 Nestlé Wellness Campus Best Region of the Year"** and will receive items of their choice based on the list of items below. The total amount of items will be based on the total amount won. The prizes are as follows:

*National Champion - Prize Package Worth Ps. 200,000.00 + trophy*  
*First Runner-up - Prize Package Worth Ps. 150,000.00 + trophy*  
*Second Runner-up - Prize Package Worth Ps. 100,000.00 + trophy*

For the prize package, winners may select from among the items listed below. The quantity of items will depend on the amount of prize won:

- a. "50" flat screen TV
- b. Sound System
- c. Laptop
- d. Projector
- e. Camera
- f. Fitness equipment
- g. Canteen equipment (Crathco beverage dispenser) and Nestlé products
- h. Items that will promote nutrition, health and wellness in the region

Awarding of prizes will be done in the schools or in the DepEd regional offices, whichever is possible.

NPI/GTI shall have the absolute right to change the mechanics to ensure the successful and orderly implementation of the Program upon prior notice to the participants.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS  
HATAW SAYAW YEAR 3 DANCE COMPETITION  
(FOR STUDENTS)**

**OBJECTIVES**

Nestlé Wellness Campus Dance competition aims to showcase the student's skills and talent in modern dance using the official NWCP dancercise music. The competition also aims to encourage teamwork and camaraderie among the students, teachers, and parents.

**DURATION**

June 16, 2025 to April 30, 2026

**QUALIFICATION**

The contest is open only to students in all public elementary schools and junior high schools in the nine (9) participating regions, namely:

- National Capital Region
- Region IVA – CALABARZON
- Region V – Bicol
- Region VI – Western Visayas
- Negros Island Region
- Region VII – Central Visayas
- Region VIII – Eastern Visayas
- Region X – Northern Mindanao
- Region XI – Davao Region

**MECHANICS**

1. All participating schools may get a copy of the dancercise music ("Tara! Sama-Sama sa Wellness") directly from the GTI Wellness Ambassadors in the region.
2. Only the official NWCP SY 2025-2026 dancercise music will be used in the competition.
3. To join, interested public schools must submit a registration form, signed by the school head, and waiver for the student participants duly signed by the parent or legal guardian. Only one team should represent the school.
4. A team will be composed of a minimum of Forty-Seven (47) students and a maximum of Fifty (50) students. There shall only be two (2) teacher-coaches. Only the student performers must be seen in the video. A school is allowed to submit one (1) video entry per category.
5. The competitions will be composed of two categories:
  - a. Elementary Category
  - b. Junior High School Category

6. Participating schools shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography and style.
7. The following are strictly prohibited and subject for disqualification:
  - a) Pyramid building, stunt, and throwing
  - b) Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
  - c) Other dangerous movements
  - d) Human props
  - e) Video editing and cuts
  - f) Use of other music
8. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
9. Video entries submitted must comply with the following requirements:
  - a. Video must be taken within the school premises.
  - b. Dance video must be shot horizontally (landscape mode).
  - c. Video resolution must be clear and must be captured in HD or 720P.
  - d. Video should cover the totality of the dance performance of the 47-50 performers (performers' movements, routines, choreography, and others)
  - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
  - f. Video recording must be done from the beginning up to the end of the performance.
  - g. No other individuals are allowed in the video except the performers.
  - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
  - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
  - j. Non-compliance with the video and audio requirements will merit deduction.
10. The winning video entries at the Division Level—one from the Elementary category and one from the Junior High School category—will advance to the Regional Competition.

In addition, these division-level winning videos will automatically qualify for the People's Choice Category, where they will compete for online votes at the national level.

11. At the Regional Level Competition, one winning school from the Elementary category and one from the Junior High School category will be selected to advance to the National Level Competition.

The regional winners will officially represent their respective regions in the National competition. They will also be given the opportunity to enhance or re-produce their video entry to meet national standards before final submission for the National Level judging.

12. The following judging criteria will be used to determine the winners in the division, regional, and national level competition:

A. Criteria for the selection of winners:	
a) Technique and execution <i>(Precision, control, and mastery of dance movements)</i>	30%
b) Musicality and Timing <i>(Interpretation and synchronization of movement with the music)</i>	20%
c) Choreography and Creativity <i>(Formations, expressions, artistic expression)</i>	25%
d) Props and Costume <i>(Visual appeal of costumes and props)</i>	15%
e) Video Quality <i>(Clarity, stability, sound quality)</i>	10%
Total	100%

B. Prizes- All prizes will consist of a prize package along with a plaque:

1. Division Level:

- a. Elementary – Champion – Ps.5,000.00
- b. Junior High School- Champion -Ps.5,000.00

2. Regional Level:

- a. Elementary – One winner – Ps.50,000.00
- b. Junior High School- One winner -Ps.50,000.00

3. National level:

a. Elementary Category

- |                     |            |
|---------------------|------------|
| 1. Champion         | 100,000.00 |
| 2. First runner up  | 50,000.00  |
| 3. Second runner up | 30,000.00  |

b. Junior High School Category:

- |                     |            |
|---------------------|------------|
| 1. Champion         | 100,000.00 |
| 2. First runner up  | 50,000.00  |
| 3. Second runner up | 30,000.00  |

13. **People's Choice:** There will be a People's Choice award category. All winning entries at the division level will be uploaded to the NWC Homeroom FB page ([facebook.com/groups/nestlewellnesshomeroom](https://www.facebook.com/groups/nestlewellnesshomeroom)), allowing the public to provide their reactions. The top five (5) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

Schools are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team
- Region

- Division
- School Name
- #unique hashtag

Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person

Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group

Prizes - All prizes will consist of a prize package along with a plaque:

**I. Elementary Category**

<i>Champion</i>	<i>100,000.00</i>
<i>First runner up</i>	<i>50,000.00</i>
<i>Second runner up</i>	<i>30,000.00</i>
<i>Third runner-up</i>	<i>20,000.00</i>
<i>Fourth runner-up</i>	<i>10,000.00</i>

**II. Junior High School Category**

<i>Champion</i>	<i>100,000.00</i>
<i>First runner up</i>	<i>50,000.00</i>
<i>Second runner up</i>	<i>30,000.00</i>
<i>Third runner-up</i>	<i>20,000.00</i>
<i>Fourth runner-up</i>	<i>10,000.00</i>

14. The decision of the judges is final and not subject to any protests or appeal.
15. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.
16. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

**S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS PROGRAM  
BEST IMPLEMENTING SCHOOL COMPETITION**

**DESCRIPTION**

The **Nestlé Wellness Campus Best Implementing School Competition** aims to encourage schools to design and implement unique, impactful wellness initiatives that promote healthier actions and improve food and nutrition habits among students, families, and the broader school community.

**COVERAGE**

The contest is open only to **public Elementary schools** and **Junior High schools** in the nine (9) participating regions, namely:

1. National Capital Region
2. Region IVA – CALABARZON
3. Region V – Bicol
4. Region VI – Western Visayas
5. Negros Island Region
6. Region VII – Central Visayas
7. Region VIII – Eastern Visayas
8. Region X – Northern Mindanao
9. Region XI – Davao Region

**DURATION**

June 16, 2025 – April 30, 2026

**MECHANICS:**

1. The competition will have two categories, namely:
  - A. Elementary School Category
  - B. Junior High School Category
  
2. Interested schools must fill out a registration form to confirm their participation. There will be three (3) levels of the competition. The number of winners per level are as follows:
  - i. **Division Level** (*Winners from Elementary and High School will represent the division to the regional level*)
    - a. Elementary School – one winner
    - b. Junior High School – one winner
  
  - ii. **Regional Level** (*Winners will be chosen from the division champions*)
    - a. Elementary School – one winner
    - b. Junior High School – one winner
  
  - iii. **National Level** (*Winners will be chosen from the regional winners*)
    - a. Elementary School:
      - National Champion
      - First Runner-up

- Second Runner-up
- b. Junior High School:
- National Champion
  - First Runner-up
  - Second Runner-up
3. To join the competition, schools must submit a portfolio that details the school's wellness activities and initiatives. It must show the school's efforts in promoting healthier actions and improving food and nutrition habits of families, which aligns with the objectives of the Nestlé Wellness Campus Program (NWCP).
  4. A qualified school portfolio must be composed of a 50-slide PowerPoint presentation (which already includes the opening and closing slides) no more no less. Please refer to Annex A for PowerPoint guidelines.
  5. The criteria for the selection of winners in the division and regional levels will be as follows:

**Criteria:**

1. Content	20%
<i>(Quality and relevance of wellness activities)</i>	
2. Creativity	20%
<i>(Originality and innovation of activities)</i>	
3. Effectiveness	30%
<i>(Impact of initiatives, in relation to NWCP objectives)</i>	
4. Stakeholder engagement	20%
<i>(Effective engagement of stakeholders and partners)</i>	
5. Monitoring & evaluation	10%
<i>(Quality of monitoring and evaluation approach)</i>	
<b>Total</b>	<b>100%</b>

6. GTI and the DepEd Division Supervisor will agree on the deadline of the submission of the presentation and the date of judging. The division focal person, with the GTI representatives, will judge and select the division winners. All winning division entries will move up to the regional level competition.
7. In the regional level competition, the GTI and NPI in coordination with the DepEd regional focal person will serve as the judges to select the winning entries that will move up to the national level competition.
8. At the National Level, all Regional Winners will represent their respective region in the Face-to-Face National Competition. The competition will be judged by a selected panel of national judges appointed by Nestlé Philippines, Inc. (NPI) and/or Greatfil Team, Inc. (GTI). The winning school shall provide a venue/place enough to accommodate the audience and area where outputs and other means of verifications (MOVs) can be displayed.
9. The national winners of the Best Implementing school competition will be determined based on the set criteria as follows:

**a. Criteria for Selecting the Best Implementing Schools – National Level**

The selection of the Best Implementing Schools during the National Level competition will be based on the following criteria:

**1. Quality and Impact of Wellness Initiatives – 40%**

- I. *Relevance to the 7 Healthy Habits ( KS-1 and KS-2)*
- II. *Creativity and innovation in program implementation*
- III. *Documented outputs/outcome or positive behavioral changes observed*

**2. Authenticity of outputs and other means of verification ( MOVs) – 30%**

- I. *Relevance of outputs*
- II. *Quality of MOVs*
- III. *Credibility and validity of the MOVs to substantiate the initiatives*

**3. Ability to Present and Explain Initiatives – 20%**

- I. *Confidence and clarity in presenting the school's programs*
- II. *Demonstrated understanding of the objectives of each initiative*
- III. *Engagement and interaction with visitors and judges*
- IV. *Use of data, testimonials, or documentation to support claims*

**4. Teamwork and Community Involvement – 10%**

- I. *Participation of teachers, and engagement of stakeholders*
- II. *Evidence of collaboration within the school and community*
- III. *Inclusivity and student leadership in implementation*

**Total: 100%**

10. The schools with the highest scores will be recognized as the “S.Y. 2025-2026 Nestlé Wellness Campus Best Implementing School of the Year.”

11. Winners will receive the following prizes:

**i. Division winners:**

*Each winner in elementary school and high school will receive a prize package of their choice based on the total amount won. Prizes will be as follows:*

**A. Elementary School:**

*Champion- Prize Package worth Ps.5,000 + plaque*

**B. Junior High School:**

*Champion- Prize Package worth Ps.5,000 + plaque*

**ii. Regional Winners:**

*Winners in elementary and junior high school the region will receive a prize package of their choice worth Ps.50,000.00 each plus a plaque of recognition*

**iii. National Winners**

*School winners in the national level will receive a prize package of their*

*choice plus plaque.*

*A. Elementary School:*

- *National Champion - Ps.150,000*
- *First Runner-up - Ps. 100,000*
- *Second Runner-up - Ps. 75,000*

*B. Junior High School:*

- *National Champion - Ps.150,000*
- *First Runner-up - Ps.100,000*
- *Second Runner-up - Ps.75,000*

Prize Packages: The winners may select among the items listed below. The quantity of items will depend on the amount of the prize won as follows:

- a. 50" flat screen TV
- b. Sound System
- c. Laptop
- d. Projector
- e. Canteen equipment (Crathco beverage dispensers) and Nestlé products
- f. Other items that will help promote nutrition, health and wellness

Awarding of prizes will be done in schools or in the DepEd regional offices.

NPI/GTI shall have the absolute right to modify or change the mechanics (as the need arises) to ensure the successful and orderly implementation of the Program upon prior notice to participant

**NWCP BEST IMPLEMENTING SCHOOL**

**Power Point Presentation Guidelines (50 Slides only no more no less)**

**Slide 1: Title Slide**

- Title: "School Entry for the NWCP Best Implementing School"
- Subtitle: "Empowering Healthier Communities"
- School Name & Date

**Slides 2–3: Introduction**

- Overview of NWCP implementation in the school
- Importance of the program in the school context

**Slides 4-5: School Data**

- Number of students, teachers, and parents
- Photos of the school environment

**Slides 6–8: NWCP Launching Activities**

- Photos and descriptions of the launch event
- Testimonials or feedback

**Slides 9–14: Program Implementation**

- Classroom activities and school-wide initiatives
- Adult/Parent modules activities
- At least **2 unique wellness activities** aligned with NWCP modules

**INITIATIVES: ( 15-37 Slides)**

**ELEMENTARY: Slides 15-26 - Key Stage 1: One Initiative on Basic food groups**

**Slides 27–37 - Key Stage 2: One Initiative on Exercise, Games and Sports**

**JUNIOR HIGH SCHOOL:**

**Slides 15-26 - Key Stage 3: One Initiative on Food Labels**

**Slides 27–37 - One Initiative on Adult Modules 2: On Reading Labels**

**Slides 38–40: Dancercise Sessions**

- Photo documentation
- Effects on physical fitness and engagement

**Slides 41–43: Stakeholder Partnerships**

- LGU and partner engagement
- Testimonials or agreements

**Slides 44–48: Monitoring and Evaluation**

- Monitoring tools and methods
- Results, assessment, or learnings

**Slides 49-50: Conclusion**

- Highlights of success
- Future goals and call to action

## Structure for Presenting Each Initiative (KS1 and KS2)

(Recommended: Use around 10–12 slides per initiative)

### I. INITIATIVE TITLE & OVERVIEW

- **Slide 1:** Initiative Title and Grade Level Focus (KS1 or KS2)
- **Slide 2:** Brief Description / Objective
  - What is the initiative about?
  - Why was it chosen?
  - What specific healthy action or habit does it promote?

### II. PLANNING & DESIGN

- **Slide 3:** Planning Process
  - Who were involved? Teachers? Stakeholders?
  - What steps were taken to design the initiative?
- **Slide 4:** Integration into Curriculum or School Program
  - How was the initiative embedded in regular classes or extracurricular activities?
  - Link to NWCP modules or learning competencies.

### III. IMPLEMENTATION

- **Slides 5–6:** Activity Execution
  - Photos and descriptions of how the initiative was conducted
  - Timeline, venue, participation level (students, parents, teachers)
- **Slide 7:** Stakeholder Involvement
  - How were teachers, parents, and other stakeholders engaged?
  - Testimonials or quotes if available

### IV. COMMUNITY SHARING / CASCADE

- **Slide 8:** Transfer of Learning to the Community
  - How did parents or stakeholders share the healthy habits with others?
  - Evidence of replication or community-level actions

### V. MONITORING & IMPACT

- **Slide 9:** Monitoring Tools
  - What tools/methods were used to track success? (e.g., surveys, feedback forms, photos, videos)
- **Slide 10:** Results and Outcomes
  - What behavior or mindset changes were observed?
  - Measurable impact (if available) – e.g., increase in healthy food choices, higher physical activity levels

### VI. REFLECTION & NEXT STEPS

- **Slide 11:** Challenges and Learnings
  - What worked well? What can be improved?
- **Slide 12:** Sustainability Plan
  - How will the school continue or scale the initiative?

**Tip:**

- Use **consistent layout and labels** for KS1 and KS2 initiatives.
- Place **KS1 first**, then follow with **KS2**, so the flow is logical and aligned with the learning stages.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS  
WELLNESS “DANCE MASTERS” DANCE COMPETITION  
(FOR TEACHING AND NON-TEACHING PERSONNEL)**

**OBJECTIVES**

Nestlé Wellness Campus Dance competition for teachers aims to showcase the teacher’s skills and talent in modern dance using the official NWCP dancercise music. The competition also aims to encourage teamwork and camaraderie among teachers (teaching and non-teaching) in a school division.

**DURATION**

June 16, 2025 to April 30, 2026

**I. Eligibility and Scope of the Contest**

The contest is an inter-schools division competition and is open exclusively for teaching and non-teaching personnel—from all public Elementary Schools and Junior High Schools in the nine (9) participating regions, namely:

- i. National Capital Region
- ii. Region IVA – CALABARZON
- iii. Region V – Bicol
- iv. Region VI – Western Visayas
- v. Negros Island Region
- vi. Region VII – Central Visayas
- vii. Region VIII – Eastern Visayas
- viii. Region X – Northern Mindanao
- ix. Region XI – Davao Region

**MECHANICS**

1. All participating schools divisions may get a copy of the dancercise music (“Tara! Sama-Sama sa Wellness”) directly from the GTI Wellness Ambassadors in the region.
2. Only the official NWCP SY 2025-2026 dancercise music will be used in the competition.
3. Registration and Participation Guidelines:
  - a. *To join the competition, interested Schools Division Offices must submit a completed registration form, duly signed by the Schools Division Superintendent.*
  - b. *Only one (1) team is allowed to represent each Schools Division.*
  - c. *Teacher participants may come from either the elementary or junior high school level.*
  - d. *All participants must be teaching and/or non-teaching staff currently assigned in public schools within the division and/or the Schools Division Office.*
  - e. *Only teams that meet these criteria and submit the properly endorsed form will be officially registered for the competition.*

4. A team will be composed of twenty-five (25) no more no less. There shall be one (1) teacher-coach. Only the twenty-five teacher performers must be seen in the video. A school division is allowed to submit one (1) video entry only.
5. Participating schools division shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography and style.
6. The following are strictly prohibited and subject for disqualification:
  - a) Pyramid building, stunt, and throwing
  - b) Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
  - c) Other dangerous movements
  - d) Human props
  - e) Video editing and cuts
  - f) Use of other music
7. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
8. Video entries submitted must comply with the following requirements:
  - a. Video must be taken within the school premises.
  - b. Dance video must be shot horizontally (landscape mode).
  - c. Video resolution must be clear and must be captured in HD or 720P.
  - d. Video should cover the totality of the dance performance of the 25 performers (performers' movements, routines, choreography, and others)
  - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
  - f. Video recording must be done from the beginning up to the end of the performance.
  - g. No other individuals are allowed in the video except the performers.
  - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
  - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
  - j. Non-compliance with the video and audio requirements will merit deduction.
9. All submitted video entries will undergo initial screening to ensure compliance with the official contest mechanics.

Only entries that meet the required guidelines will be deemed qualified and will advance to the National Level competition, which will be conducted through an online voting platform.
10. Qualified video entries, will be uploaded to the NWC Facebook group (<https://www.facebook.com/groups/nestlewellnesshomerom>), allowing the public to provide their reactions. The top three (3) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

11. Schools Division teams who qualify are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team \*
- Region
- Division
- #unique hashtag

12. Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person

13. Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group

14. Prizes - All prizes will consist of a prize package along with a plaque:

a. Prizes for National Winners:

<i>Champion</i>	<i>50,000.00</i>
<i>First runner up</i>	<i>30,000.0</i>
<i>Second runner up</i>	<i>10,000.00</i>

15. The decision of the judges is final and not subject to any protests or appeal.

16. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.

17. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS  
SARAP SUSTANSYA COOK OFF COMPETITION**

**DESCRIPTION**

The Sarap Sustansya Cook Off is an inter-school competition that advocates the goodness of homemade cooking and the consumption of delicious and nutritious food.

**DURATION**

June 16, 2025 to April 30, 2026

**QUALIFICATION**

The contest is open only to **public junior high schools** in the nine (9) participating regions, namely:

1. National Capital Region
2. Region IVA – CALABARZON
3. Region V – Bicol
4. Region VI – Western Visayas
5. Negros Island Region (NIR)
6. Region VII – Central Visayas
7. Region VIII – Eastern Visayas
8. Region X – Northern Mindanao
9. Region XI – Davao Region

A school team must be composed of three (3) student and one (1) teacher-coach from the school. Only the students shall prepare and cook the recipes, with the presence and guidance of the teacher-coach.

**MECHANICS:**

1. The Activity will have three levels:
  - i. Division Level competition
  - ii. Regional Level competition
  - iii. National Level competition
2. Interested public schools must submit a registration form, which should be signed by the official school representative or school head, along with a waiver signed by the parent or legal guardian. Each school should be represented by only one team.
3. Deadline on the submission of entries will be set in coordination with the DepEd Division Focal Person.
4. This year, the division and regional levels of the competition, will be about bringing out the most favorite home recipes.
5. In the division and regional levels of the competition, qualified entries must meet the following requirements:
  - One (1) video featuring a dish that represents Sarap Sustansya.
  - Maximum cost of the dish is Ps.500.00 including desert and good for four (4) persons only.

- Participants will shoulder the cost of their recipes.
- The video must not exceed a maximum of 7 minutes in .mp4 format. A qualified video entry must include the following:
  - A one-minute testimonial from students, highlighting the modules and learnings from the selected MAGGI videos available on YouTube through this link: <https://bit.ly/SarapSustansya>.
  - A one-minute segment showcasing the harvest of ingredients from the school's Gulayan sa Paaralan, which will be used in the team's recipe.
  - The remaining five minutes should feature the students' actual cooking and plating, along with their narrative explaining why their dish is both delicious and balanced.
- During the actual cooking, wearing of chef uniform is not allowed. Students shall wear aprons. Only the students shall be visible in the video.
- Submission of video entries will be based on a deadline set in coordination with the DepEd Division Focal Person.
- Winners of the division competition will have two opportunities to advance:
  - A. National Face-to-Face Cook-Off Showdown
  - B. People's Choice Competition
- In the National Face-to-Face Cook-Off Showdown, winning video entries from the division level will automatically qualify for the regional competition. Regional winners will then represent their regions in the national face-to-face showdown, where contestants will simultaneously cook their recipe and demonstrate their cooking skills in front of a panel of judges.
- In the People's Choice Competition, all division-winning videos will be uploaded simultaneously in the MAGGI YouTube page for online voting. The voting period will be announced, and the video with the most likes will be declared the winner.

6. The criteria for judging video entries in both division and regional competition are as follows:

- i. Sarap Sustansya – 40%  
(Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods?)
- ii. Appearance and Palatability- 20%  
(Does it entice the whole family especially the children to eat tasty and balanced meals? Does it have a variety of colors? Does it look palatable?)
- iii. Food Safety - 15%

(Did they follow basic food safety procedures while preparing? Is the working area clean? Are tools and equipment properly used?)

iv. Accessibility of Ingredients - 15%

(Are the selected ingredients can be easily accessed? Is the final recipe within budget? Is it sufficient to serve a family of four? Are any of the ingredients harvested from the Gulayan sa Paaralan? Is the final recipe within the budget? Is the serving good enough to serve a family of four?)

v. Video format and organization – 10%

(Does the video have high-quality visuals? Does it have clear narration and presentation? Does the video fall within the required time limit?)

\*Video format will apply only in the Division and Regional competition.

7. In the National-level competition, determination of winners shall be done based on the following criteria:

- Sarap Sustansya – 40%

(Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods? Is there a balance of flavor?)

- Execution- 30%

(Did the participants demonstrate proficiency during preparation and cooking? Did the teams successfully accomplish the recipe? Did the dish come together? Was the dish prepared on time?)

- Appearance - 10%

(Does it entice the whole family especially the children to eat sarap-sustansya dish? Does it look appetizing and tastefully pleasing to the eyes? Does it have a variety of colors? Does it look palatable?)

- Cleanliness and Food Safety - 10%

(Was the area set up properly? Did the participants wear the prescribed attire? Did they follow basic food safety procedures while preparing? Is the working area clean after the live cooking? Are tools and equipment properly used?)

- Affordability and Accessibility of Ingredients - 10%

(Is the recipe affordable? Are ingredients used in the dish readily available? Is the final recipe within the budget? Is the number of servings good enough to serve a family of four?)

8. The theme for the National Cook-Off showdown will be announced on a prior date. Teams must submit a written recipe in English, which includes the ingredients and its specifications, as well as method of preparation of the dishes and the tools and equipment needed.
9. The date for recipe submission will be coordinated with the regional representatives accordingly. Ingredients and all the needed cooking utensils and equipment will be coordinated by Greatfil Team, Inc. (GTI) to ensure will be made available on the actual competition day. Ingredients will be sourced

out by the team in coordination with the GreatFil Team, Inc. representative and will be made available during the actual competition date.

10. Each team will be given one hour and 30 minutes to prepare and cook their recipes for the student's actual cooking and plating.
11. Participating teams will be ranked based on their scores. Winners will receive the following prizes as follows:
  1. Division Level - one winner of Ps. 5,000.00 worth of prize package
  2. Regional Level – one winner of Ps. 50,000.00 worth of prize package
  3. National Level
    - a. Champion – Ps. 75,000.00 worth of prize package plus Plaque
    - b. Second Place – Ps 60,000.00 worth of prize package plus Plaque
    - c. Third Place – Ps. 50,000.00 worth of prize package plus Plaque
  4. People's Choice Competition:
    - a. Champion – Ps. 50,000.00 worth of prize package plus Plaque
    - b. Second Place – Ps 30,000.00 worth of prize package plus Plaque
    - c. Third Place – Ps. 20,000.00 worth of prize package plus Plaque
12. The national competition will provide memorable learning experiences for the national finalists, as there will be a mentorship session on day 1 and the actual cooking competition on day 2. All national finalists with their coaches will travel to the competition venue, and their travel, food, and accommodation expenses will be covered by Nestlé Philippines, Inc (NPI) through the Greatfil Team, Inc.
13. In cases that other DepEd key personnel such as school head, EPS, Chiefs, ASDS, SDS and others would want to attend/witness the competition, their travel, accommodation, food, and other related expenses shall be charged from their local funds and/or any available funds subject to the approval of the office of Schools Division Superintendent or Regional Director.
14. Entries at all levels of the competition must feature dishes using Nestlé-MAGGI products.
15. No substitution of Nestlé-MAGGI products shall be allowed. Teams shall use at least 1 Nestlé product, but there should be no mention and endorsement of the specific Nestlé products used during actual food preparation.
16. A panel of judges for each level of the contest will be identified by DepEd in coordination with GTI and Nestlé Philippines, Inc. (NPI).
17. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

**Prizes to be Won:**

1. For the prize package, the winners may select from among the items listed below. The quantity of items will depend on the value of the corresponding prize package won.
  - a. Cooking Range
  - b. Refrigerator

- c. Food Processor
  - d. Mixer
  - e. Microwave Oven
  - f. Cooking tools/ equipment
2. The Prize will be delivered to the winning schools' address as provided in the registration form. NPI, through GTI, will shoulder the delivery costs of the Prize. It will be delivered to the school on a date scheduled and agreed upon with the implementing agency, or within 60 days from the end of the competition.
  3. By receiving the Prize, the Participant attests that they have read and understood the full Activity mechanics and agree to abide by the terms and conditions of the same.
  4. NPI/GTI shall have the absolute right to change the mechanics to ensure the successful and orderly implementation of the Program upon prior notice to participants.