



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division
Superintendent**

October 8, 2024

DIVISION MEMORANDUM
No. 687 s. 2024

MENTAL HEALTH AWARENESS & STRESS MANAGEMENT SEMINAR

To: Assistant Schools Division Superintendent
Chiefs, CID and SGOD
Public Elementary and Secondary School Heads
Division Health Personnel
All Others Concerned

1. This Office through the School Governance Operations Division- School Health and Nutrition Unit hereby announces the conduct of **Mental Health Awareness & Stress Management Seminar** on **October 18, 2024**, 8:00 A.M. to 5:00 P.M within Tagbilaran City, exact venue is to be announced.
2. The seminar aims to educate participants on effective strategies for managing stress and promoting mental well-being.
3. The participants of this activity are the following:

Participant	Number of Participants per School
School Principal (Elementary & Secondary)	1
Assistant School Principal (Secondary)	1
Registered Guidance Counselor (Secondary)	1
AO/ADAS (Elementary)	1
SSLG President (Secondary)	1
4. Learner participants must present the attached Parental Consent and Waiver Form signed by their parent/guardian upon their arrival at the venue.
5. Expenses relative to the conduct of the said activity shall be charged against the Program Support Funds (PSF) for the SMHP subject to the usual accounting rules and regulations.
6. Immediate dissemination and compliance of this Memorandum is desired


WILFREDA D. BONGALOS PhD, CESO V
Schools Division Superintendent

WDB/JAL/SGOD/MCC/rtp



H. Zamora St., Dampas, Tagbilaran City, Bohol
(038)427-1702; (038)427-2506
tagbilarancity.division@deped.gov.ph

PARENTAL CONSENT AND WAIVER FORM

I, _____, as the parent or legal guardian of _____, hereby acknowledges that I have been informed of the details of the conduct of the **MENTAL HEALTH AWARENESS & STRESS MANAGEMENT SEMINAR** on **October 18, 2024 within Tagbilaran City**. I understand that the Department of Education Division of City Schools-Tagbilaran City, through the School Health and Nutrition Unit shall implement the minimum public health standards set by the government to minimize the risk of the spread of COVID-19, but it cannot guarantee that my child may not be infected with COVID-19 given that it is highly contagious.

I understand that my child's in-person attendance in the event will include associating with teachers, fellow learners and school personnel, and other persons inside and outside of the school that may put my child at risk of COVID-19 transmission, notwithstanding the precautions undertaken by the implementing team.

Voluntary Participation

I acknowledge that my child's participation in this activity is completely voluntary. My child may decline to participate or withdraw from participation at any time for any reason. Declining or withdrawal of participation will not result in any penalty or loss of benefits or reduction of any basic right to which my child is entitled. While there remains the risk of possible COVID19 transmission to my child/ren, and to the members of my household, I freely assume the said risk and I permit my child/ren to attend this activity.

Exclusion (Limitations/Ineligibility)

I am aware that symptoms of COVID-19 include, but are not limited to, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, the new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, and diarrhea.

I confirm that my child currently has none of those symptoms and is in good health. I will not allow my child to physically go to the event if my child or any member of my household develops any of the said symptoms or any other symptoms of illness that may or may not be related to COVID-19. I will also inform the school/division and not allow my child to attend the event if my child or any of my household members tests positive for COVID-19. My child/ren and I, with my household members, will follow the required health and safety protocols and procedures adopted by the school and our community.

Documentation

I confirm that I give full permission in any recording or picture taken of my child during the conduct of this event and to use some or all of my child's images/

contribution/ performance in any publication (including electronic publications such as film or website) created by or for the SHNU and its program partners and to release this material to the official platforms of the Department.

Confidentiality

I am aware that any information that will be given during the activity will be kept strictly confidential, and personal information will be treated in accordance with the Data Privacy Act of 2012. I am assured that the information about my child will not be shared outside of the implementation team. My child’s name will not be used when data from this activity will be analyzed.

I hereby confirm that I agree and understand the commitment of my child as a participant. I also understand and will support my child’s endeavor to meet the expectations, guidelines, and responsibilities to his/her fellow participants and to DepEd.

To the extent allowed by law and rules, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages, and rights against the school/division/region and its personnel as well as officials and personnel of the Department of Education relative to the conduct of the activity.

With full understanding, I – on behalf of myself, my household members, and my child/ren – hereby freely and voluntarily give my consent to my child’s participation in the activity on October 18, 2024. I also attest that I had sought the views of my child and he/she has expressed willingness to participate in the activity.

CONTACT DETAILS FOR QUESTIONS OR PROBLEMS

For any concerns or clarification, you may contact the Tagbilaran City Division Office at telephone No. 427-1702.

_____ Signature of Parent/Guardian over Printed Name	_____ Paren/Guardian Contact Details (Mobile Number)
_____ Name of Child	_____ Date

** Please submit this form to your Division Youth Formation Coordinator (YFC) prior to the participation on the event.*