



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS – CITY OF TAGBILARAN

**Office of the Schools  
Division Superintendent**

March 18, 2024

DIVISION MEMORANDUM  
No. 197 , s. 2024

**MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)  
FOR SCHOOL TEACHERS AND PERSONNEL**

To: The Principal, Booy South Elementary School  
Teaching and Non-Teaching Personnel, Booy South ES  
Education Program Specialist II – M & E  
PDO II - DRRM  
All Others Concerned

1. A two-day Mental Health and Psychosocial Support (MHPSS) workshop will be conducted for all teachers and personnel of Booy South Elementary School, Booy District, Tagbilaran City. The primary objective is to equip educators with the essential knowledge and skills necessary to offer support for the mental health and psychosocial well-being of their students, especially in schools that have faced the trauma of a devastating fire incident.

This workshop will integrate theoretical knowledge, practical strategies, and self-care techniques, enabling teachers and staff from the school to establish a nurturing learning environment where all students can thrive, even in crisis situations. The workshop aims to achieve the following:

- a) Provide participants with the knowledge and skills to identify signs of mental health issues in students.
- b) Offer strategies for cultivating a supportive and inclusive classroom atmosphere.
- c) Strengthen teachers' capacity to offer initial support and appropriate referrals for students requiring mental health assistance.

2. This will be on **March 21-22, 2024, from 1:00 to 5:00 PM, Booy South Elementary School**, Booy District, Tagbilaran City.

3. Expenses relative to and in the conduct of the above-mentioned activity shall be charged to DRRM Fund subject to the usual accounting and auditing rules and regulations.

6. Wide dissemination of this Memorandum is desired.

For: *John Paul A. Lapun* o/c 3/19/24  
**WILFREDA D. BONGALOS PhD CESO V**  
Schools Division Superintendent

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