



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division
Superintendent**

November 8, 2023

DIVISION MEMORANDUM

No. 509, s. 2023

2023 NATIONAL PHYSICAL EDUCATION CONVENTION

To: Assistant Schools Division Superintendent
Chief, Education Supervisor, Education Program Supervisors
Public and Private Junior and Senior High School Principals
Public and Private Junior and Senior High School MAPEH/SPA Coordinators
All Others Concerned

1. This Office through the Curriculum Implementation Division disseminates Regional Memorandum No. 802, s. 2023 and the attached communication from the 1PhysEd.Ph informing the field on their upcoming activity; the 2023 National Physical Education Convention with the theme, "Taking the Next Big Leap: Community Synergy for the Future of Philippine Physical Education" on December 16-18, 2023 at De La Salle Santiago Zobel School, Muntinlupa City.
2. Participation in this convention is on official time only.
3. For details, please see attached enclosures.
4. Immediate dissemination of, and compliance with this Memorandum are directed.

WILFREDA D. BONGALOS PhD, CESO V
Schools Division Superintendent
Office of the Schools Division Superintendent

WDB/EQA/JAL/CID/aal



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Telephone Nos.: (038)427-1702; (038)427-2506; (038)422-8177
(038)427-6718; (038)544-2147
Email Address: tagbilarancity.division@deped.gov.ph



1PhysEd.Ph Training and Development Services

DTI Registration No: 1921721 PRC Accreditation No: PTR-2021-344

RS 2023- 25792 chud

Date: October 16, 2023

To: Dr. Salustiano T. Jimenez, Director IV, CESO III
DepEd Regional Director - Region VII

Re: Request for Issuance of DepEd Advisory

OCT 20 2023

J T. um

Dear Dr. Jimenez:

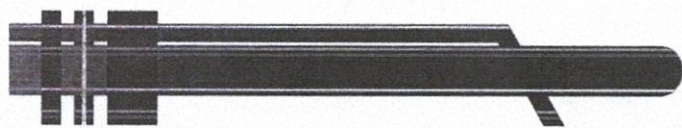
Greetings!

1Physed.Ph is a professional training and development service provider with DTI registration number 1921721, BIR registration number 276-646-795-0000, and PRC Accreditation Number PTR 2021 - 344. We are geared towards honing, inspiring, and innovating morally upright Physical Education teachers to be equipped with the necessary, up-to-date, and relevant competencies to deliver world-class programs.

As part of our commitment to provide relevant and meaningful opportunities, we will be organizing the 2023 National Physical Education Convention with the theme, "Taking the Next Big Leap: Community Synergy for the Future of Philippine Physical Education." This will be held on December 16-18, 2023 at De La Salle Santiago Zobel School, Muntinlupa City.

This annual convention intends to provide a clear perspective of the vital role of Physical Education teachers in facilitating effective and meaningful sports and PE programs as primary contributors to bringing fitness and wellness to learners. This will help PE teachers as classroom influencers to create and make an impact for students to value their participation in regular physical activities through various mediums. Furthermore, the convention's activities aim to improve PE teachers' competence by providing them with sessions that will address current and relevant issues and concerns in the Philippine Physical Education Community. A day will be allocated for a workshop training of the new **K-10 DepEd Matatag Physical Education and Health Curriculum**, Senior High School Health Optimizing Physical Education (H.O.P.E.) Curriculum, Special Program for Sports and Tertiary Service PE Physical Activity Towards Fitness and Health (PATHFIT). The workshop will provide an opportunity for the participants to strengthen their familiarity and competencies in implementing the curriculum. Lastly, the convention's overall goal is to bring together many teachers, researchers, and scholars to discuss and share their experiences and research-based findings in all areas of Physical Education and Sports. It will also serve as a premier interdisciplinary forum for academics, practitioners, and educators to present and discuss the most recent advances, trends, concerns, practical difficulties encountered, and solutions implemented in interdisciplinary research.

In light of this, may we humbly request from your office an issuance of advisory that will inform the field of the activity to help achieve our goals for our PEH teachers.





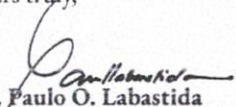
1PhysEd.Ph
The Limits Go Beyond™

1PhysEd.Ph Training and Development Services

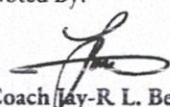
DTI Registration No: 1921721 PRC Accreditation No: PTR-2021-344

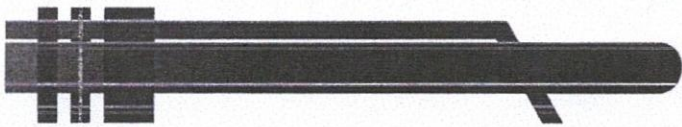
Thank you and we look forward to receiving your favorable response.

Yours truly,


Mr. Paulo O. Labastida
Certification and Prof. Development Manager
1PhysEd.Ph

Noted By:


Coach Jay-R L. Beterbo
Founder/Program Director
1PhysEd.Ph



<https://www.1physedph.com/>



<https://instagram.com/1physed.ph>



1physed.ph@gmail.com



<https://facebook.com/1PhysEd.Ph>



2023

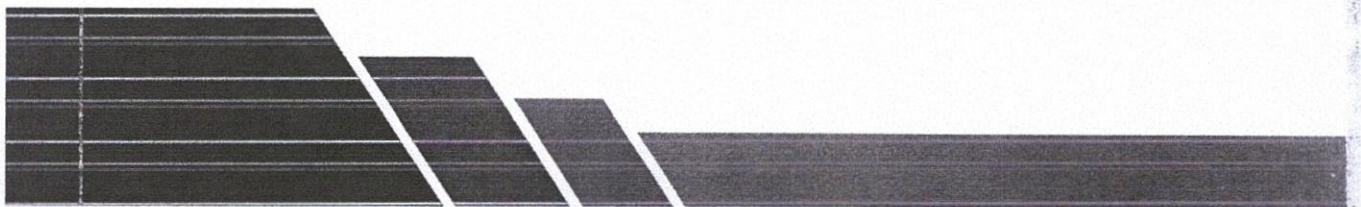
NATIONAL PHYSICAL EDUCATION CONVENTION

**Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education**

DECEMBER 16-18, 2023



**De La Salle Santiago Zobel School,
Muntinlupa City, Philippines**





2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education

OPENING PROGRAM

Prayer and National Anthem

AVP

Welcome Address

Br. Bernard Oca, FSC
President, De La Salle Santiago Zobel School

Live Performance

DLSZ Strings, DLSZ Band, & DLSZ Choir

Inspirational Message

Mr. Jay-R Leana Beterbo -
1PhysEd.Ph, Founder and Program Director

Live Performance

DLSZ Rondalla, DLSZ Luntiang Dagitab



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023

**NATIONAL PHYSICAL
EDUCATION CONVENTION**

**Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education**

KEYNOTE PANEL DISCUSSION

1PhysEd.Ph Talks

Atty. Alberto C. Agra

President, Pilipinas Obstacle Sports Federation

Prof. Stella Marie M. Urbiztondo, PhD

Asst. Professor, University of Asia and the Pacific;
CHED Technical Committee Member in PE, Sports
and Wellness Management

Ms. Geraldine G. Bernardo

Founder, Sports Management Council of the Philippines

Marisol B. Mabazza

Supervising Education Program Specialist



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education

DAY 1: DECEMBER 16, 2023

10:30 AM - 12:00 NN

1:15 PM - 4:45 PM

Learning Breakout Session A:

DepEd Matatag Curriculum PE and Health Workshop

Prof. Lordiño Vergara, DPd
Philippine Normal University

Learning Breakout Session B:

Health Optimizing Physical Education Workshop

Mr. Joshua Ben Villareal, MSHMS
De La Salle Santiago Zobel School

Learning Breakout Session C:

Physical Activity Towards Fitness Workshop

Prof. Jo-ann Grecia, MSHMS
University of the East

Learning Breakout Session D:

SHS PE and Sport Track Workshop

Asst. Prof. Raymond M. Anselmo, LPT, PhD
University of Sto. Tomas

Learning Breakout Session E:

Special Program for Sports

Mr. Harold Diaz Espiritu, LPT
DepEd



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

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DAY 2: DECEMBER 17, 2023
8:30 AM - 10:15 AM

Learning Breakout Session A:
Rope Flow Workshop
Rope Flow Philippines

Learning Breakout Session B:
Pickleball Workshop
Professional Pickleball Association of the Philippines

Learning Breakout Session C:
Aquathlon Workshop
Coach Noel Salvador
De La Salle Zobel



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



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DAY 2: DECEMBER 17, 2023
8:30 AM - 10:15 AM

Learning Breakout Session D:

Judo Workshop

Coach Samson Bernales
De La Salle University/Zobel

Learning Breakout Session E:

Activity: Throwing Workshop

5 Throws for All

Learning Breakout Session F:

Touch Rugby for Physical Education

Coach Cholo Majabague



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



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DAY 2: DECEMBER 17, 2023
10:30 AM - 12:15 PM

Learning Breakout Session A:
Aerobic Gymnastics Workshop
Prof. Rizaidy Hofileña, PhD
University of the Philippines Manila

Learning Breakout Session B:
Drone Race Experience
De La Salle Zobel Robotics

Learning Breakout Session C:
Obstacle Sports Workshop
Philippine Obstacle Sports Federation

Learning Breakout Session D:
Netball Workshop
Philippine Netball Federation



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



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DAY 2: DECEMBER 17, 2023
10:30 AM - 12:15 PM

Learning Breakout Session E:
Educational Technology Licensing Course
Mr. Jholan Torres and Ms. Emelita Baylon
De La Salle Santaiaago Zobel School

Learning Breakout Session F:
Innovative Teaching Practices in Teaching Motor Learning Skills
Ms. Rizza Joy Piccio
De La Salle Santaiaago Zobel School

Learning Breakout Session G:
Dance Sports Workshop
Ms. Danella Publico
The Jamilis DanceSport



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education

DAY 2: DECEMBER 17, 2023
1:30 PM - 3:15 PM

Learning Breakout Session A:
Floorball for Schools and Community Workshop
Coach Joshua Ben Villareal
Philippine Floorball Association

Learning Breakout Session B:
Dodgeball Workshop
Samahang Dodgeball ng Pilipinas

Learning Breakout Session C:
Training Workshop on Basic Orienteering for School Teachers
Prof. Rhene A. Camarador, MPES
Outdoor Adventure Education Philippines

Learning Breakout Session D:
Baseball5 Train the Teachers
Ms. Christine Medel
Baseball5 Pilipinas



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

**Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education**

DAY 2: DECEMBER 17, 2023
1:30 PM - 3:15 PM

**Learning Breakout Session E:
Innovative Teaching Practices in Teaching Motor Learning Skills**
Ms. Rizza Joy Piccio
De La Salle Zobel

**Learning Breakout Session F:
Educational Technology Licensing Course**
Mr. Jholan Torres and Ms. Emelita Baylon
De La Salle Zobel

**Learning Breakout Session G
Kendo Workshop**
United Kendo Federation of the Philippines

Research Paper Presentation
3:15 PM - 5:15 PM



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy
for the Future of Philippine Physical Education

DAY 3: DECEMBER 18, 2023
8:30 AM - 12:15 PM

2023 1PhysEd Games

Tug-O-War
Rope Flow
Pickleball
Aquathlon
Throwing
Touch Rugby
Aerobic Gymnastics
Netball

Table Tennis
Floorball
Dodgeball
Bandaging
Dance Sports
Orienteering
Obstacle
Baseball 5



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



2023 NATIONAL PHYSICAL EDUCATION CONVENTION

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CLOSING PROGRAM

Tribe Cheers

Plenary Session

Coach Noli Ayo

PSC Mindanao Coordinator

2023 1PhysEd.Ph Awards

Awards Committee

Oath of Commitment to 1PhysEd.Ph Community

Distribution of Certificates

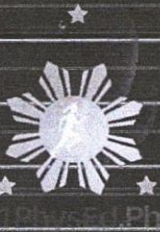
Certification Committee

Vote of Thanks

Closing Remarks



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines



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LINKS

Registration

<https://tinyurl.com/2023NPECREgistration>

Registration Availment Options

<https://tinyurl.com/2023NPECREgOpt>

Frequently Asked Questions (FAQs)

<https://tinyurl.com/2023NPECFQAQs>

Call for Abstracts

<https://tinyurl.com/2023npecabstsubform>



De La Salle Santiago Zobel School,
Muntinlupa City, Philippines