



Republic of the Philippines
Department of Education
REGION VII – CENTRAL VISAYAS
Division of City Schools – Tagbilaran City

**Office of the Schools Division
Superintendent**

MEMORANDUM

MLA-2023-CID 022

TO : Tina Agnes B. Dumas, Guidance Counselor - DCPNHS

FROM : *John A. Lagura*
JOSEPH IRWIN A. LAGURA PhD
Schools Division Superintendent *OIC 2/23/23*
Office of the Schools Division Superintendent *JIA*

SUBJECT : **Invitation of Mental Health Focal Persons, Guidance Counselors,
Guidance Advocates, etc.**

DATE : February 23, 2023

1. This Office, through the Curriculum Implementation Division, disseminates the DepEd R7 Advisory No. 0042, s. 2023 dated February 16, 2023 re: Philippine Guidance and Counseling Association, Inc. (PGCA)-Cebu Chapter Annual Conference inviting Mental Health Focal Persons, Guidance Counselors/Advocates, and other persons in the academe who are interested to attend the said conference on Official Business on March 22-24, 2023 at Bayfront Hotel, Capitol Site, Cebu City with the theme: *“The Helper in Me: Enhancing Adeptness in Suicide Prevention.”*

2. The program seeks to train all school personnel to become effective gatekeepers in the school setting to prevent suicide within the community through appropriate identification, management, and referral of student-at-risk. It is in this regard that **Ms. Tina Agnes B. Dumas**, Guidance Counselor of DCPNHS is requested to attend this activity on Official Business.

3. Expenses relative to the attendance of said activity shall be chargeable against School MOOE and other local funds subject to the usual accounting and auditing rules and regulations.

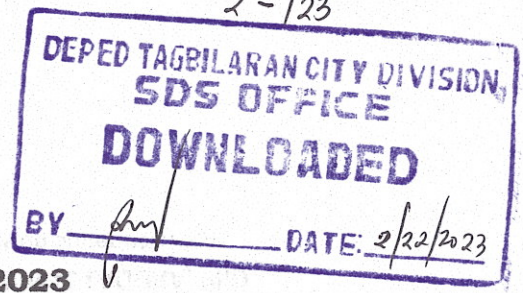
4. For compliance.

JIAL/CPC/CID/JAAL/jtb



Address: Dampas District, Tagbilaran City, Bohol
Telephone Nos.: (038)427-1702; (038)427-2506; (038)422-8177; (038)427-6718; (038)544-2147
Email Address: tagbilarancity.division@deped.gov.ph

Janet Butalid
Comments
of 2/23/23



0042
DepEd R7 Advisory No. _____, s. 2023

February 16, 2023

(In compliance with DepEd Order No.8, s.2013, this advisory is issued for the information of DepEd officials, personnel/staff, as well as the concerned public.)

**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. (PGCA) –
CEBU CHAPTER ANNUAL CONFERENCE**

1. We have increasing rate of depression, anxiety attacks, suicide attempts and ideation within the Department. The **RACE Against Suicide: A Gatekeepers' Training** is a noble project of Heads Up of UNILAB Foundation in partnership with the Philippine Guidance and Counseling Association Inc. (PGCA), a proactive response in enacting Republic Act 11036 or the Philippine Mental Health Act.
2. This office is hereby disseminating the communication received from the Philippine Guidance and Counseling Association, Inc. (PGCA) –Cebu Chapter, inviting **mental health focal persons, guidance counselors, guidance advocates**, and other persons in the academe who are interested to attend the said conference on official business on **March 22-24, 2023 at Bayfront Hotel, Capitol Site, Cebu City** with the theme: *The Helper in Me: Enhancing Adeptness in Suicide Prevention*.
3. This program seeks to train all school personnel to become effective gatekeepers in the school setting to prevent suicide within the community through appropriate identification, management, and referral of student-at-risk.
4. Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.
5. The communication is attached for further reference.
6. For the information of all interested and concerned parties.

Philippine Guidance and Counseling Association, Inc.
Cebu Chapter



February 5, 2023

Dr. Salustiano T. Jimenez
Regional Director
DepEd Cebu Province

Dear Dr. Jimenez:

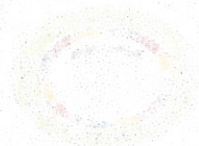
Peace!

The Philippine Guidance and Counseling Association;Inc. (PGCA)- Cebu Chapter an Accredited Integrated Professional Organization by the Professional Regulation Commission is pleased to announce its Annual Conference on **March 22-24, 2023 at Bayfront Hotel, Capitol Site, Cebu City** with the theme: ***The Helper in Me: Enhancing Adeptness in Suicide Prevention***. It is a special event and a first for PGCA-Cebu since we will be having a two in one activity; namely, **RACE Against Suicide: A Gatekeeper Training for Suicide Prevention in Schools** and the Annual Conference that would focus on upskilling Suicide Prevention strategies

The **RACE Against Suicide: A Gatekeepers' Training** is a noble project of Heads Up PH of UNILAB Foundation in partnership with the Philippine Guidance and Counseling Association Inc (PGCA), a proactive response in enacting Republic Act 11036 or the Philippine Mental Health Act. This training program seeks to train all school personnel (guidance counselors, health staff, teachers, administrators and other professionals) to become effective gatekeepers in the school setting to prevent suicide within the community through appropriate identification, management, and referral of students-at-risk.

We have increasing rate of depression, anxiety attacks, suicide attempts and ideation. PGCA Cebu would want to put an addition on the Bag of Tools in Preventing Suicide, thus the focus of the conference would be on learning new strategies on how to handle cases like these. This is to help the helpers equip with necessary skills needed to respond and handle effectively the cases. Participants will also be earning CPD points.

In this regard, we humbly ask your good office for an endorsement, to allow your guidance counselors, guidance advocates, coordinators, and other persons in the academe who are interested to attend the said conference on official business. It is very important that counselors and other professionals will be adept with knowledge and skills in handling their clients. The registration fee will include conference kits, workshop materials, lunch, snacks and certificate of attendance.



Registration rate are as follows:

If registered on or before March 18, 2023 :

- Php 4,500.00 – PGCA Cebu members
- Php 4,800.00 – Non-PGCA Cebu Members

If Registered after March 18, 2023 (Onsite):

- Php 5,000.00

Payments can be made through Bank of the Philippine Islands (BPI):

Account Name: **Phil Guidance & Counseling Association Inc. Cebu**

Account Number: **9201-0018-86.**

To register please use this link:

<https://forms.gle/wckrijFvEm2ic4k27>

or visit the PGCA - Cebu Official for more details.

Your endorsement will greatly contribute to the success of this professional endeavor. We hope for your favorable response. God bless.

Respectfully yours,


LUZLIN P. ELCULLADA, RGC, MSFP, Dev.Ed.D

President