




Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division  
Superintendent**

DIVISION MEMORANDUM

**MLA-2022-SGOD- 221**

TO : **Maurine C. Castaño, School Principal of DCPNHS  
Jenelou John F. Israel, School Principal of SINHS  
Ma. Dolores T. Dahab, School Principal of Cogon HS Evening Class  
Grace Marie L. Campos, School Principal of Manga NHS  
Corazon H. Samuya, School Principal of Mansasa NHS  
Rizalina G. Peligro, School Principal of Tagbilaran HS for the Hearing Impaired  
Justino M. Canda, School Principal of TCSHS**

FROM :  **JOSEPH IRWIN A. LAGURA PhD**  
Schools Division Superintendent  
Office of the Schools Division Superintendent

SUBJECT : **Online Survey of the PhD Dissertation titled “Effect of Body Image and Skin Lightening Practices on Mental Health Emerging Filipino Adults: A Mixed Methods Approach”**

DATE : December 19, 2022

1. This Office hereby disseminates the content of the communication from Zypher Jude G. Regencia MSc, PhD Candidate and Principal Investigator, Department of Clinical Epidemiology, College of Medicine-UP Manila dated December 8, 2022, notifying all Junior High School and Senior High School Students in this Division to partake to this online survey of the PhD dissertation titled **“Effect of Body Image and Skin Lightening Practices on Mental Health Emerging Filipino Adults: A Mixed Methods Approach”**.
2. The results of this endeavor will be used to increase the awareness of emerging adults as to the effect of body image and skin-lightening practices on their mental health status. This may help also to understand how this phenomenon is affected by various factors culturally sensitive to the Filipinos.
3. The survey can be accessed through this link: [https://hlpinclusionuae.qualtrics.com/jfe/form/SV\\_9nW80LZA5vqxgx0](https://hlpinclusionuae.qualtrics.com/jfe/form/SV_9nW80LZA5vqxgx0) or using the attached QR code.
4. For questions or clarifications, please use these contact details: 09178536597 / zgregencia@up.edu.ph.
5. Immediate dissemination of this Memorandum is desired.

JIAL/CPC/SGOD/fct/rdo



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