



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools
Division Superintendent**

November 15, 2022

DIVISION MEMORANDUM

No. *428*, s. 2022

HEALTHY AGING AND RETIREMENT TRANSITION SEMINAR

To: Chief, CID and SGOD
Elementary and Secondary School Heads
Teaching and Non-Teaching Personnel
All Others Concerned

1. This Office hereby disseminates Regional Memorandum No. 0954, s. 2022, dated November 14, 2022, titled **"HEALTHY AGING AND RETIREMENT TRANSITION SEMINAR"**, on the new schedule for the aforementioned activity from October 25-27, 2022 to November 15-17, 2022.
2. For queries, please contact Mr. Misael G. Borgonia, Chief Education Supervisor-HRDD through this number 09177174965.
3. Please refer to the attached communication for more details.
4. Immediate dissemination of this Memorandum is desired.

Joseph Irwin A. Lagura 11/15/22
JOSEPH IRWIN A. LAGURA PhD
Schools Division Superintendent
Office of the Schools Division Superintendent

JIAL/CPC/SGOD/FCT/rdo



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Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS

Office of the Regional Director


NOV 14 2022

REGIONAL MEMORANDUM
No. **0954**, s. 2022

HEALTHY AGING AND RETIREMENT TRANSITION SEMINAR

To: **Schools Division Superintendents**
Assistant Schools Division Superintendents
All Others Concerned

1. In line with DepEd Memorandum DM – OUHROD – 2022 – 0126, dated October 03, 2022, issued by Undersecretary for Human Resource and Organizational Development (HROD) Gloria Jumamil Mercado, pertaining to the conduct of hybrid seminar for retiring employees entitled *Healthy Aging and Retirement Transition (HEART)*, this Office through the Human Resource Development Division (HRDD) hereby disseminates the new schedule for the aforementioned activity as per advised by Atty. Anne Rachel C. Miguel, Director IV, Bureau of Human Resource and Organizational Development (BHROD) **from 25 – 27 October 2022 to 15 – 17 November 2022.**
2. For queries, you may reach us through 09177174965 and look for Mr. Misael G. Borgonia, Chief Education Supervisor – HRDD.
3. The communication is attached for further details.
4. Immediate dissemination of this memorandum is desired.


SALUSTIANO T. JIMENEZ JD, EdD, CESO V
Director IV
Regional Director

STJ/CAE/HRDD/MGB/FSW



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Republic of the Philippines
Department of Education

BUREAU OF HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

OFFICE OF THE DIRECTOR

October 14, 2022

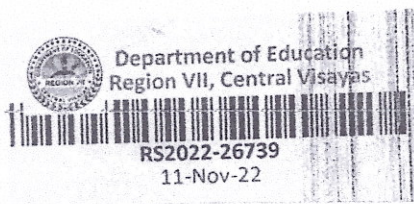
ADVISORY

Due to management direction, administrative, and logistical concerns, the **"Healthy Aging and Retirement Transition (HEART)"** activity of the Bureau of Human Resource and Organizational Development-Employee Welfare Division (BHROD-EWD) will be moved from 25-27 October 2022 to **15-17 November 2022**.

Furthermore, for the face-to-face participants, a separate advisory for the final venue within Calamba, Laguna will be released. Similarly, the webinar link will be emailed to all registered participants a day before the activity.

Should you have immediate clarifications and concerns, kindly contact Ms. Marge Latosa of BHROD-EWD via phone number at (02) 8633-7229 or via email at margery.latosa@deped.gov.ph.

Thank you.



ATTY. ANNE RACHEL C. MIGUEL
Director IV
Bureau of Human Resource and
Organizational Development

[EWD/Latosaj

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Department of Education

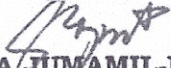
OFFICE OF THE UNDERSECRETARY

HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,
TEACHER EDUCATION COUNCIL SECRETARIAT, AND
DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

MEMORANDUM

DM-OUHROD-2022-0126

TO : **Undersecretaries**
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Division Chiefs
Heads of Schools
All Others Concerned

FROM :  **GLORIA JUNAMIL-MERCADO**
*Undersecretary for Human Resource and Organizational Development,
National Educators Academy of the Philippines,
Teacher Education Council Secretariat, and
DepEd Employees' Associations Coordinating Office*

SUBJECT : **Conduct of Hybrid Seminar for Retiring Employees entitled,
"Healthy Aging and Retirement Transition (HeART)"**

DATE : October 03, 2022

Pursuant to *Memorandum Circular No. 23, s. 1993* of the Civil Service Commission - enjoining all government agencies to adopt a pre-retirement seminar for their respective officials and employees, and in compliance to Republic Act No. 9994, Rule V, *Expanded Senior Citizens Act of 2010* - an act granting additional benefits and privileges to senior citizens, the Department of Education (DepEd), through the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHROD-EWD), will conduct a holistic wellness and pre-retirement seminar for all DepEd senior citizen employees and prospective retirees entitled "**Healthy Aging and Retirement Transition (HeART)**" on **October 25-27, 2022**, exclusive of travel time, in Laguna (exact venue to be announced on a later date).

The activity shall help the participants to prepare physically, psychologically, socially, and financially for "life after DepEd." The seminar aims to equip senior citizen employees and prospective retirees with additional knowledge and skills to enhance their capabilities in activities that can be useful for them on their senior years and/or after retirement.

Below are the expected participants for the aforementioned activity:

- **Face-to-face seminar** - DepEd Central Office (CO) regular employees between 55 and 58 years old are encouraged to attend this seminar. Kindly fill out the registration/confirmation slip through this link – [bit.ly/Reg HEART2022](https://bit.ly/Reg_HEART2022).
- **Online** – DepEd field offices employees ages 55 to 58 years old. Please fill out the registration form to confirm your attendance through this link – [bit.ly/Reg HEARTonline](https://bit.ly/Reg_HEARTonline).

The following are the administrative guidelines:

- Following the health and safety protocols, slots for the face-to-face seminar are limited to fifty-five (55) persons. **Only the first fifty-five (55) CO personnel who are able to register** through the link will be accommodated. However, those who are unable to secure a slot, may join through the online platform. Details of which shall be provided.
- Face-to-face participants are requested to be in the venue on Day 0 (October 24). First meal to be served is PM snacks and the last meal to be served is Lunch on Day 4 (October 28).
- Expenses to be incurred shall be charged to the 2022 CO-OPDNTF budget subject to the usual accounting and auditing rules and regulations.
- Expenses shall include travel expenses and board and lodging of the face-to-face participants and secretariat, supplies, training kits, materials, honoraria for resource speakers, communications, and contingency.

Should you have immediate queries or concerns, please contact Ms. Marge Latosa of BHROD-EWD via telephone and mobile number at (02)8633-7229 and +63906-3413364 or via email at margery.latosa@deped.gov.ph .

Immediate dissemination of this Memorandum is desired.

ACTIVITY SCHEDULE:

TIME	DAY 0	DAY 1	DAY 2	DAY 3	DAY 4
MORNING SESSION					
8:00-8:15		Attendance	Attendance	Ice Breaker	
		Preliminaries -National Anthem -Opening Prayer	Ice Breaker		
8:15-9:00	Check in Secretariat <i>First Meal of Secretariat: AM Snacks</i>	Welcome Message Opening Message/Introduction	Session 5: Financial Wellness -Retirement Fund	Practicum	
		Ice Breaker: GTKY Expectation Setting			
9:00-10:00		Session 1 and 2: Physical Wellness -Physical Fitness -Health and Nutrition	Session 6: Occupational Wellness -DepEd Retirement Process		
10:00-11:00					
11:00-12:00					Check Out Last Meal: Lunch
AFTERNOON SESSION					
1:00-1:15		Ice Breaker	Ice Breaker	Ice Breaker	
1:15-2:00		Session 3: Occupational Wellness -Senior Citizen Benefits	Session 5: GSIS Benefits	Session 6: Spiritual Wellness	
2:00-3:00	Session 4: Emotional Wellness				
3:00-3:15	Check in participants <i>First Meal of Participants: PM Snacks</i>			Closing Program	
3:15-4:00					
4:00-5:00		Reminders End of Day 1	Reminders End of Day 2		

[BHROD-EWD/Latosaj]