



Republic of the Philippines  
**Department of Education**  
 REGION VII - CENTRAL VISAYAS  
 DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

**Office of the Schools Division  
 Superintendent**

**September 13, 2022**

DIVISION MEMORANDUM  
 No. **340**, s. 2022

**WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

To: Chief, CID and OIC-Chief, SGOD  
 Elementary and Secondary School Heads  
 Teaching and Non-Teaching Personnel  
 All Others Concerned



1. This Office hereby disseminates Regional Memorandum No. 0781, s. 2022, dated September 12, 2022, titled **“WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES”**, inviting all DepEd employees to participate in these webinar series. These would be conducted via Zoom or MS Teams and will be live- streamed through DepEd Philippines Facebook page.

2. These webinar series are composed of different sessions that aim to address various concerns related to the psychosocial and financial wellbeing of our employees. Listed below are the scheduled sessions:

	DATE AND TIME	THEME
1	August 31, 2022 1:30 p.m.-3:30 p.m.	Financial Wellness
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
6	November 9, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness

3. For further questions or clarifications, please contact the BHROD-EWD through the email address, [bhrod.ewd@deped.gov.ph](mailto:bhrod.ewd@deped.gov.ph).

4. Immediate dissemination of this Memorandum is desired.

  
**JOSEPH IRWIN A. LAGURA PhD**  
 Schools Division Superintendent  
 Office of the Schools Division Superintendent 

JIAL/CPC/SGOD/FCT/rdo



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