



Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS - TAGBILARAN CITY

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**Office of the Schools Division  
Superintendent**

DIVISION MEMORANDUM  
No. 307, s. 2022

August 18, 2022

**IMPLEMENTATION OF GALAW PILIPINAS: THE DEPED NATIONAL CALISTHENICS  
EXERCISE PROGRAM**

To: Assistant Schools Division Superintendent  
Chief, CID and SGOD  
Public Elementary and Secondary School Heads  
Public Elementary and Secondary School MAPEH/GALAW Pilipinas Coordinators  
All Others Concerned

1. Pursuant to the Advisory from JOSE ERNESTO B. GAVIOLA, Undersecretary for Curriculum and Instruction and in accordance with Regional Memorandum No. 0715, s. 2022 dated August 16, 2022 entitled Implementation of Galaw Pilipinas: The DepEd National Calisthenics Exercise Program, this Office hereby reiterates the implementation of Galaw Pilipinas and shall be performed by All Public Elementary and Secondary Teachers and Learners in SDO Tagbilaran after the Flag Raising Ceremony inside the classroom or any appropriate time.
2. The steps/movement patterns shall be taught during PE classes to highlight proper execution. The origin/history of these movements shall also be taught to enhance cultural awareness among learners.
3. School Heads and Education Program Supervisor in MAPEH are instructed to monitor the smooth and successful implementation of Galaw Pilipinas.
4. Immediate dissemination of and compliance with this Memorandum is directed.

**JOSEPH IRWIN A. LAGURA PhD**  
Schools Division Superintendent

