



Republic of the Philippines
Department of Education
REGION VII – CENTRAL VISAYAS
Division of City Schools – Tagbilaran City

**Office of the Schools Division
Superintendent**

MEMORANDUM

MLA-2022-CID 032

TO : **GRACE MARIE L. CAMPOS – Principal – Manga NHS**

FROM : **JOSEPH IRWIN A. LAGURA PhD**
Schools Division Superintendent
Office of the Schools Division Superintendent

SUBJECT : **NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS
TECHNICAL OFFICIALS AND COACHES FOR DEPED TEACHERS**

DATE : February 21, 2022

1. Attached is the Regional Memorandum No. 0138, s. 2022, calling the attention of Mr. Frank Echalico of Manga NHS to register and participate on the planning conference on February 21-25, 2022 via Microsoft Teams using this link:

<https://forms.gle/LcrKzbfSuuffJrtC6>

2. The course aims to prepare Technical Official and Coaches for the possible bubble meet in Ormoc City.

3. Immediate dissemination and compliance of this Memorandum is directed.



Address: Dampas District, Tagbilaran City, Bohol
Telephone Nos.: (038)427-1702; (038)427-2506; (038)422-8177; (038)427-6718; (038)544-2147
Email Address: tagbilarancity.division@deped.gov.ph

*Sin 1/25/22
Mymn BEM/CO*



Republic of the Philippines
Department of Education
CENTRAL VISAYAS REGION

DEPED TAGBILARAN CITY DIVISION
SDS OFFICE
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BY *G* DATE *2/2/22*

Office of the Regional Director

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REGIONAL MEMORANDUM
No. *0138*, s. 2022

NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS TECHNICAL OFFICIALS AND COACHES FOR DEPED TEACHERS

To: **Schools Division Superintendent
Division Sports Coordinators
All Others Concerned**

- Attached is the communication signed by Dir. Joel S. Erestain, Director III, Palarong Pambansa Secretariat, on the conduct of **National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepED Teachers** on February 21-25, 2022 via Microsoft Teams.
- The course aims to prepare Technical Official and Coaches for the possible bubble meet in Ormoc City.
- The identified participants are advised to register using this link:

<https://forms.gle/LcrKzbfSuufFJrtC6>

Name	Division	Email Add	Contact No.
1. Rodil Calawod Alvaro	Bayawan City	rodil.alvaro@deped.gov.ph	09168331529
2. Loreto Bercero	Bogo City	loreto.bercero@deped.gov.ph	09756546469
3. Frank Echalico	Tagbilaran City	frank.echalico001@deped.gov.ph	09059618962
4. Roseller Regulacion	Bohol	roseller.regulacion@deped.gov.ph	09569973701
5. Noel V. Escarro	Cebu Province	noel.escarro001@deped.gov.ph	09606775456
6. Elenita Retiza	Mandaue City	elenita.retiza@deped.gov.ph	09171886826
7. Nelson Ates	Siquijor	nelson.ates@deped.gov.ph	09772444483
8. Blessel Jane D. Baron	Cebu City	blesseljane.baron@deped.gov.ph	
9. Eve Tumamac	Danao City	eve.tumamac@deped.gov.ph	
10. Bonito Villarta	Carcar City	bonito.villarta@deped.gov.ph	
11. Ian V. Albarando	Talisay City	ian.albarando@deped.gov.ph	09302477107

- Immediate dissemination of, and compliance with this Memorandum is directed.

[Signature]
SALUSTIANO T. JIMENEZ, JD, EdD, CESO V
Director IV
Regional Director

STI/CAE/ESSD/TTP



PALARONG PAMBANSA SECRETARIAT

Department of Education
Philippines Sports Commission
Department of Interior and Local Government



MEMORANDUM

**TO: REGIONAL DIRECTORS
REGIONAL SPORTS OFFICERS
SCHOOL DIVISIONS SUPERINTENDENTS
HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS
MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,
BARMM**

FROM: JOEL S. ERESTAIN, CSEE
Director III
Palarong Pambansa Secretariat

DATE: February 18, 2022

**SUBJECT: NATIONAL VIRTUAL REFRESHER COURSE FOR ATHLETICS
TECHNICAL OFFICIALS AND COACHES FOR DEPED
TEACHERS**

1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a **Five-day National Virtual Refresher Course in Coaching and Officiating for DepEd Teachers** on February 21, 22, 23, 24, and 25, 2022 via Microsoft Teams.
2. The refresher course aims to this activity is inline of possible bubble meet for preparation in Ormoc City.
3. Participants of this refresher course are the recommended participants of technical officials and coaches per region, and members of the Technical Working Group (TWG).
4. From the list of participants, recommend five (5) Coaches and five (5) for Technical Officials per region. They may submit the recommended list to Palarong Pambansa Secretariat via email at palarong.pambansa@deped.gov.ph.

5. Attached is the list of participants and schedule of activities.
6. For more information, inquiries, and clarifications, please contact Mr. Narciso Dasigan, Athletics Sports Manager through email narciso.dasigan001@dcpnd.gov.ph and contact no. 09081036558.
7. Immediate dissemination of this Memorandum is encourage.

Attachment A

THE TECHNICAL WORKING GROUP

Over-all Chairman: Narciso B. Dasigan

Co-Chairman: Virgilio S. Padilla

Robina R. Venturina

Registration, Programs and Certificates:

Coordinator: Robina R. Venturina

Member: Rosell L. Reyes

Marx P. Blanco

Documentation:

Coordinator: Rosell L. Reyes

Members: Marx P. Blanco

Randy A. Tilbe

Technical:

Coordinator: Marx P. Blanco

Member: Randy A. Tilbe

Resource Speakers: Narciso B. Dasigan

Virgilio S. Padilla

Robina R. Venturina

Attachment B

THE LIST OF PARTICIPANTS PER REGION

REGIONS	NO. OF PARTICIPANTS FOR TECHNICAL OFFICIALS	NO. OF PARTICIPANTS FOR COACHES
1	5	5
2	5	5
3	5	5
4A	5	5
4B	5	5
5	5	5
6	5	5
7	5	5
8	5	5
9	5	5
10	5	5
11	5	5
12	5	5
13	5	5
NCR	5	5
CAR	5	5
BARMM	5	5
TOTAL	85	85

National Virtual Refresher Course for Athletics Technical Officials and Coaches for DepEd Teachers

February 21-25, 2022

Via MS Teams

TRAINING MATRIX

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
7:30 AM – 11:30 AM	A. OPENING PROGRAM B. Fundamentals of Jumping C. Teaching Progression Pole Vault D. Q & A	A. MOL B. Fundamentals of Throwing C. Teaching Progression Javelin Throw D. Q & A	Group Activity	General Field Rules A. Long Jump B. Triple Jump C. Pole Vault D. High Jump	General Track Rules A. Start B. Hurdle C. Steeplechase D. Relays E. Walk
11:30 AM – 1:00 PM	LUNCH BREAK				
1:00 PM – 4:00 PM	A. Fundamentals of Running B. Teaching Progression Hurdles C. Q & A	A. Three Cycles of Periodization B. Training Program C. Q & A	Introduction to NTO Management Officials and their Duties	General Field Rules A. Shot Put B. Discus Throw C. Javelin Throw	A. Group Activity B. CLOSING PROGRAM