



Republic of the Philippines  
Department of Education  
REGION VII – CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS – TAGBILARAN CITY

Office of Schools Division Superintendent

September 28, 2020

DIVISION MEMORANDUM  
No. 234, s. 2020

**DISSEMINATION OF DEPED TASK FORCE COVID-19 MEMORANDUM NO. 159  
ENTITLED “SCHEDULE AND MATERIALS FOR MENTAL HEALTH AND PSYCHOSOCIAL  
SUPPORT SERVICES (MHPSS) ACTIVITIES ON SEPTEMBER 28 - OCTOBER 2, 2020”**

To: Public and Private Elementary and Secondary School Heads  
All Others Concerned

1. Pursuant to Regional Memorandum No. 0468, s. 2020, disseminating DepEd Task Force COVID-19 Memorandum No. 159 entitled **“Schedule and Materials for Mental Health and Psychosocial Support Services (MHPSS) Activities on September 28 - October 2, 2020”**, this Office hereby announces that in preparation for the opening of classes this 5 October 2020, the Department of Education (DepEd) has been conducting various Mental Health and Psychosocial Support Services (MHPSS) activities for learners, parents and DepEd personnel including DepEd Top Leaders since May 2020. This is part of the DepEd Basic Education-Learning Continuity Plan (BE-LCP), providing psychosocial support to our learners, parents and personnel who are affected by the COVID-19 pandemic.
2. With this, all MHPSS activities shall be conducted on 28 September-02 October 2020 in schools nationwide. To provide guidance to our personnel relative to MHPSS activities to be conducted, please be informed of the following:
  - a. You may watch the MHPSS videos for TV broadcast through **Signal Digital TV Channel 888** on 28 September -02 October 2020.
  - b. One video for Indigenous Peoples Learners is added in the new schedule for MHPSS videos to be broadcasted through TV. Please see annex A re: the new schedule of MHPSS activities and poster.
  - c. All Elementary and Secondary School Teachers are encouraged to watch the online Remote Psychosocial Support Through Play. Please see Annex A.
  - d. The various MHPSS materials e.g. MHPSS IEC materials, manuals/modules, online MHPSS videos, recorded MHPSS videos for TV can be accessed through this link <http://bit.ly/MHPSSAdvocacyMaterials>
  - e. For monitoring of MHPSS-related activities, kindly utilize the attached MHPSS monitoring form. Please see Annex B and Annex C.
3. For more information, please contact the Disaster Risk Reduction and Management Service, 2<sup>nd</sup> Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph) or telefax no. (02) 8637-4933.
4. Immediate and wide dissemination of this Memorandum to all concerned is desired.

**JOSEPH IRWIN A. LAGURA PhD**  
Schools Division Superintendent

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SA JIM  
NXP STOPS



Republic of the Philippines  
Department of Education  
REGION VII - CENTRAL VISAYAS



Office of the Regional Director

REGIONAL MEMORANDUM

SEP 28 2020

No. **0468**, s. 2020

**DISSEMINATION OF DEPED TASK FORCE COVID-19 MEMORANDUM NO. 159  
ENTITLED "SCHEDULE AND MATERIALS FOR MENTAL HEALTH AND  
PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) ACTIVITIES ON SEPTEMBER  
28-OCTOBER 2, 2020"**

To: Schools Division Superintendents  
Assistant Schools Division Superintendents  
Public and Private Elementary and Secondary School Heads

1. For the information and guidance of all concerned, attached is a copy of DTFC Memorandum No. 159 entitled "*Schedule and Materials for Mental Health and Psychosocial Support Services (MHPSS) Activities on September 28-October 2, 2020*" issued by Usec. Alain Del B. Pascua, Undersecretary and the Chairperson of DepEd Task Force on COVID-19 (DTFC).
2. Immediate and wide dissemination of this Memorandum to all concerned is desired.

**SALUSTIANO T. JIMENEZ JD, EdD, CESO V**  
Director III  
OIC-Regional Director

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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**DepEd Task Force COVID-19**  
**MEMORANDUM No. 159**  
25 September 2020

For: **Regional Directors**  
**Schools Division Superintendents**  
**Public and Private Elementary and Secondary School**  
**Heads**

Subject: **SCHEDULE AND MATERIALS FOR MENTAL HEALTH**  
**AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS)**  
**ACTIVITIES ON 28 SEPTEMBER-02 OCTOBER 2020**

In preparation for the opening of classes this 5 October 2020, the Department of Education (DepEd) has been conducting various Mental Health and Psychosocial Support Services (MHPSS) activities for learners, parents and DepEd personnel including DepEd Top Leaders since May 2020. This is part of the DepEd Basic Education-Learning Continuity Plan (BE-LCP), providing psychosocial support to our learners, parents and personnel who are affected by the COVID-19 pandemic.

With this, all MHPSS activities shall be conducted on 28 September-02 October 2020 in schools nationwide. To provide guidance to our personnel relative to MHPSS activities to be conducted, please be informed of the following:

- You may watch the MHPSS videos for TV broadcast through **Signal Digital TV Channel 888** on 28 September-02 October 2020.
- One video for Indigenous Peoples Learners is added in the new schedule for MHPSS videos to be broadcast through TV. Please see Annex A re: the new schedule of MHPSS activities and poster.
- All Elementary and Secondary School Teachers are encouraged to watch the online Remote Psychological First Aid and Remote Psychosocial Support Through Play. Please see Annex A.
- The various MHPSS materials e.g., MHPSS IEC materials, manuals/modules, online MHPSS videos, recorded MHPSS videos for TV can be accessed through this link <http://bit.ly/MHPSSAdvocacyMaterials>.
- For monitoring of MHPSS-related activities, kindly utilize the attached MHPSS monitoring form. Please see Annex B and Annex C.



For more information, please contact the Disaster Risk Reduction and Management Service, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph) or telefax no. (02) 8637-4933.

For immediate and appropriate action.



**ALAIN DEL B. PASCUA**  
Undersecretary  
Chairperson, DepEd Task Force COVID-19



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**Annex A. Schedule of Mental Health and Psychosocial Support Services (MHPSS) Activities**

**A. MHPSS to be broadcasted through TV**

Activity	Date	Time	Target Audience
DRRMS Booklatan	28 September - 2 October 2020	8:00 AM – 9:30 AM	Elementary Learners
OKKK Tambayan	28 September - 2 October 2020	10:00 AM – 11:30 AM	Secondary Learners
Wellness Check	28-30 September 2020	1:00 PM – 2:30 PM	DepEd Personnel
Gabay Bahay	1 – 2 October 2020		Parents
Kakaiba-yanihan	28 - 30 September 2020	4:00 PM - 5:30 PM	Learners with Disabilities
DRRMS Booklatan for Indigenous Peoples Learners	1 – 2 October 2020		Indigenous Peoples Learners

**B. Online MHPSS to be Conducted by DepEd DRRMS for Learners**

Activity	Date and Time	Participants	Remarks
Remote Psychological First Aid (PFA)	29 September 2020	Secondary Learners	This will be facilitated by Psychological Association of the Philippines (PAP) using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual
Remote Psychosocial Support Through Play	1 October 2020	Elementary Learners	This will be facilitated by UNILAB Foundation Inc., using the Teacher's Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners During Disasters and Emergency Situations

**C. MHPSS via Online and Self-Guided to be Facilitated by Teachers**

Activity	Date and Time	Participants	Remarks
			May be facilitated by elementary



Annex C: Monitoring Template for Reproduction and Distribution of MHPSS Materials

School ID	School Name	Total Enrollment (As of SY 2020-2021)	Title of MHPSS Material	Total Copies Reproduced	Cost per Unit	Total Copies Distributed	Total Cost	Remarks
			SEES-OSG Manual for Secondary Learners					
			Teachers' Activity Guides for Elementary Learners					
			Playbook					
			COVID-19 Comics					
			FWSS Booklets (Filipino/English Versions)					

<p>Remote Psychosocial Support Through Play</p>	<p>28-30 September and 2 October 2020 (PM)</p>	<p>Elementary Learners</p>	<p>teachers using the Teacher's Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners During Disasters and Emergency Situations</p> <p>DRRMS Booklatan videos can also be used. Coordinate with the Division DRRM Coordinators</p>
<p>Remote Psychological First Aid (PFA)</p>	<p>28, 30 September and 1-2 October 2020 (PM)</p>	<p>Secondary Learners</p>	<p>May be facilitated by secondary teachers using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual</p> <p>OKKK! Tambayan videos can also be used. Coordinate with the Division DRRM Coordinators</p>