



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS – TAGBILARAN CITY

**Office of the Schools Division  
Superintendent**

September 9, 2020

DIVISION MEMORANDUM  
No. 218, s. 2020

**ADDENDUM TO DM NO. 213 s. 2020 Re: DISSEMINATION OF DEPED TASK FORCE  
COVID-19 MEMORANDUM NO. 98 s. 2020 ENTITLED “NEW SCHEDULE AND  
ADDITIONAL GUIDELINES ON THE CONDUCT OF MENTAL HEALTH AND  
PSYCHOSOCIAL SUPPORT SERVICES FOR THE OPENING OF CLASSES, SCHOOL  
YEAR 2020-2021”**

To: Public Elementary and Secondary School Heads  
All Teachers and School DRRM Focal Persons  
PTA Presidents and Officers  
All Others Concerned

1. This Office announces the conduct of the webinar on **“Mental Health and Psychosocial Support Services”** on September 16, 2020 at 1:30 PM via google meet through this link: [meet.google.com/bsw-unfk-ypg](https://meet.google.com/bsw-unfk-ypg).
2. Participants to this webinar are the Public Elementary and Secondary School Heads, Teachers, School DRRM Coordinators and Parents Teachers Association (PTA) Officers.
3. Attached is the program of activities for details.
4. Immediate and wide dissemination of this memorandum is highly expected.

**JOSEPH IRWIN A. LAGURA PhD**  
Schools Division Superintendent

JIAL/MKP/SGOD/BCL/jbc



**Address:** Rajah Sikatuna Avenue, Dampas, Tagbilaran City, 6300 Bohol  
**Telephone Nos.:** (038) 427-1702; (038) 422-8177; (038) 427-6718; (038) 544-2147  
**Email Address:** tagbilarancity.division@deped.gov.

**COVID-19 Webinar on Mental Health & Psychosocial Support Services (MHPSS)  
thru Remote Psychological First Aid (PFA) of  
DepEd Tagbilaran City**

**September 16, 2020 @ 1:30 PM – 4:00 PM**

**PROGRAMME**

Prayer	Dr. Vida Romero Dentist II
Welcome Address & Recognition of Participants	Dr. Beatriz C. Luga Chief, SGOD
Message	Joseph Irwin A. Lagura, PhD Schools Division Superintendent
Instructions for MHPSS Webinar	Joermelyne P. Pasilbas PDO I
Rationale	Lev V. Nadela, MD Medical Officer III
Remote PFA	Rhodelia B. Tumanda Nurse II
Understanding Suicide: Establishing a School-Based Awareness, Post prevention & Intervention Program	Tina Agnes Dumas Guidance Counselor
Understanding the Impact of Pandemic on Children & Parents	Rowena L. Pizarra Nurse II
Arts-Based Coping Activities	Adeline C. Dagamac Nurse II
Mindfulness Meditation	Nicasio L. Degamo Nurse II

Lady of Ceremony: Joermelyne P. Pasilbas



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
DIVISION OF CITY SCHOOLS – TAGBILARAN CITY



Office of the Schools Division  
Superintendent

September 4, 2020

DIVISION MEMORANDUM  
No. 213, s. 2020

**DISSEMINATION OF DEPED TASK FORCE COVID-19 MEMORANDUM NO. 98 s. 2020  
ENTITLED “NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE CONDUCT OF  
MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR THE OPENING OF  
CLASSES, SCHOOL YEAR 2020-2021”**

To: Public Elementary and Secondary School Heads and Teachers  
All Others Concerned

1. Pursuant to Regional Memorandum No. 0413 s. 2020 and DepEd Task Force COVID-19 Memorandum No. 98 s. 2020 entitled **“New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the Opening of Classes, School Year 2020-2021”**, this Office hereby disseminates this information for your awareness.

2. Please be guided with the schedule of Mental Health and Psychosocial Services (MHPSS) for Learners below.

**A. MHPSS to be Broadcast through TV a Week Before the Opening of Classes**

Activity	Date	Time	Target Audience
<b>DRRMS Booklatan</b> Episodes (Recorded MHPSS for Learners)	September 28 – October 2, 2020	8:00 AM – 9:30 AM	Elementary Learners
<b>OKKK! Tambayan</b> Episodes (Recorded MHPSS for Learners)		10:00 – 11:30 AM	Secondary Learners
<b>Wellness Check!</b> Episodes (Recorded MHPSS for DepEd Personnel)	September 28-30, 2020	1:00 PM – 2:30 PM	DepEd Personnel
<b>Gabay-Bahay</b> Episodes (Recorded MHPSS for Parents)	October 1-2, 2020		Parents
<b>Kakaiba-yanihan!</b> Episodes (Recorded MHPSS for Learners with Disabilities)	September 28 – October 2, 2020	4:00 PM – 5:30 PM	Learners with Disabilities



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**B. Online MHPSS to be Conducted by DepEd DRRMS**

<b>Activity</b>	<b>Date</b>	<b>Time</b>	<b>Target Participants</b>
<b>DRRMS Booklatan</b> An Online MHPSS for Elementary Learners	September 8 – September 22, 2020	4:00 PM – 5:30 PM Every Tuesday	Elementary Learners
<b>OKKK! Tambayan</b> An Online MHPSS for Secondary Learners	September 10 – September 24, 2020	4:00 PM – 5:30 PM Every Thursday	Secondary Learners
<b>Kakaiba-yanihan!</b> An Online Psychosocial Support for Learners with Disabilities	Monday, Tuesday and Thursday of September 2020 Starting September 7 until October 1	9:00 AM – 11:00 AM	Learners with Disabilities
Psychosocial Support Through Play	September 28, 2020	8:00 AM – 12:00 NN	Elementary Learners
Psychological First Aid for Secondary Learners		1:00 PM – 5:00 PM	Secondary Learners



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**C. MHPSS via Online and Self-Guided to be facilitated by Teachers**

Activity	Date and Time	Participants	Remarks
Remote Psychosocial Support Through Play	September 29 – October 2, 2020 (PM)  Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	The elementary teachers <b>may</b> further provide MHPSS to learners using the Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners  DRRMS Booklatan videos can also be used by teachers. It can be accessed in the link: <a href="https://deped.in/OnlineLearningVideos">deped.in/OnlineLearningVideos</a>
Remote Psychological First Aid (PFA)	September 29 – October 2, 2020 (PM)  Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	The secondary teachers <b>may</b> further provide MHPSS to learners using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual  OKKK! Tambayan videos can also be used by teachers. It can be accessed in this link: <a href="https://deped.in/OnlineLearningVideos">deped.in/OnlineLearningVideos</a>

3. For more information, you may contact Mr. Jovenal B. Cagas through his mobile phone No. 09469373881 or contact Disaster Risk Reduction and Management Service, 2<sup>nd</sup> Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Ave., Pasig City, through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph).

4. Immediate and wide dissemination of this Memorandum to all concerned is desired.

**JOSEPH IRWIN A. LAGURA PhD**

Schools Division Superintendent

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