



Republic of the Philippines
Department of Education
Region VII, Central Visayas
DIVISION OF CITY SCHOOLS – TAGBILARAN
City of Tagbilaran



Rajah Sikatuna Avenue, Dampas, Tagbilaran City, Bohol 6300 (038) 544-2147; 427-1702 dtagbilarancitydivision@yahoo.com www.depedtagbilaran.org


September 24, 2019

Division Memorandum
No. 494, s. 2019

**A 3-DAY NATIONAL SEMINAR WORKSHOP ON
ADDRESSING MENTAL HEALTH ISSUES IN THE SCHOOL SETTING
(LIVE-OUT SEMINAR)**

**TO: Heads, Public and Private Schools
Medical/ Health Personnel
Guidance Counsellors
All Others Concerned**

1. This Office disseminates a communication from Ms. Jesusa Flores, Training Coordinator of ARCZONE Professional Development Center inviting the public to participate on their upcoming seminar-workshop scheduled on October 25-27, 2019 at Cebu Rajah Park Hotel, Fuente Osmeña, Cebu City, Philippines.
2. For detailed information of the seminar-workshop, attached is the communication from ARCZONE Professional Development, Inc.
3. Participation of the said training is **voluntary and on Official Time Only**.
4. For the information of all interested and concerned.

For: 
NERI C. OJASTRO, Ed D, CESE
Schools Division Superintendent
o/c 9/24/19 *fk*



DepEd Tagbilaran City Division <tagbilarancity.division@deped.gov.ph>

Attn: MR. NERI C. OJASTRO, ED.D, CESE - Invitation Letter for a 3-Day National Seminar Workshop on "Addressing Mental Health Issues in the School Setting"

1 message

Arczone Professional Development Center <arczone_eduphil@yahoo.com>
 Reply-To: Arczone Professional Development Center <arczone_eduphil@yahoo.com>
 To: "tagbilarancity.division@deped.gov.ph" <tagbilarancity.division@deped.gov.ph>

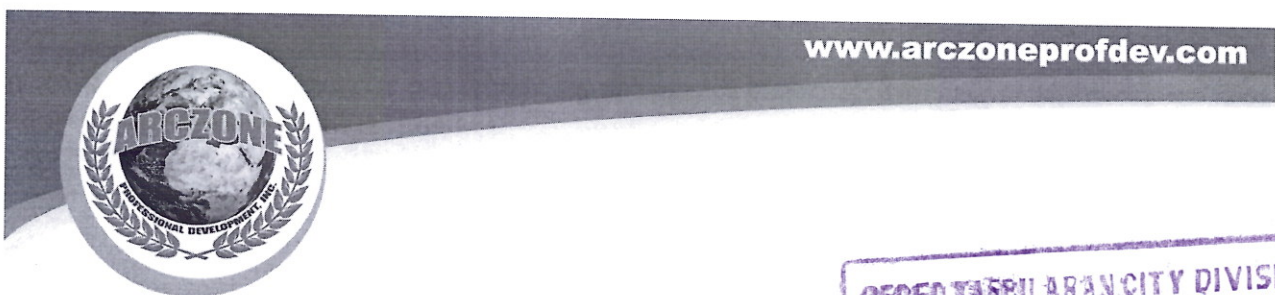
Wed, Sep 18, 2019 at 9:24 AM

Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jing Arevalo



MR. NERI C. OJASTRO, ED.D, CESE
 OIC-Schools Division Superintendent
 DEPED Division of Tagbilaran City
 Division of City Schools-Tagbilaran City Bldg.,
 Tagbilaran City, Bohol



Dear Mr. Ojastro:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your region to avail the program. We also would like to emphasize that **ARCZONE Professional Development, Inc. has been accredited by the Philippine Regulations Commission (PRC) as a Continuing Professional Development (CPD) Provider.** This program has been given 12 CPD units.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

If you need further information, do not hesitate to contact us:

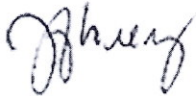
Tel. Nos.: (02) 414-7589 | 414-6737 | 781-6895 | 255-4863

Mobile: 0921-576-1676 | 0905-447-3534

Email: arczone_eduphil@yahoo.com

Thank you very much.

Sincerely yours,



Ms. Jesusa Flores
Training Coordinator

A 3-Day National Seminar Workshop on *Addressing Mental Health Issues in the School Setting* (Live-out seminar)

Dates: October 25-27, 2019

Venue: CEBU RAJAH PARK HOTEL, Fuente Osmeña, Cebu City, Philippines

Target participants: Medical/Health Personnel, School Nurses, School Administrator, Mid-level School Managers, Guidance Counsellors, Homeroom Advisers and Teachers

Registration fee: Php 4,500 (inclusive of snacks, lunches, seminar kits, hand-outs and a certificate)

Program of Activities

Time	Day 1	Day 2	Day 3
07:30 – 08:30	Registration		
08:30 – 09:00	Opening Program		
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Mental Health First Aid	Mental Health in Context: Depression	Why should well-being taught on schools?
12:00 – 01:00	LUNCH		
01:00 – 02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology
02:30 – 02:45	BREAK		
02:45 – 04:30	...Continuation	...Continuation	...Continuation
04:30 – 05:00			Closing Program / Awarding of Certificates

DON'T MISS THE CHANCE!

TAKE ADVANTAGE OF THE EXPERTISE OF OUR SPEAKERS:



Carlo Magno, Ph.D
- Member, Psychological Association of the Philippines
- Former Consultant, Asian Psychological Services and Assessment (APSA)



Therese Amita R. Dela Cruz, MA, RGC
- Testing Unit Head, Asian Psychological Services and Assessment (APSA)



Gabriel Sebastian N. Lizada, Rpm, Mcouns
- Certified Mental Health First Aider
- Mental Health Practitioner for the Center of Psychological Extension and Research Services (COPERS)



Hector M. Perez, Ph.D. RPsy, Rpm
- Clinical and Assessment Psychologist
- Board Member, Psychological Association of the Philippines
- Member, Philippine Mental Health Association



Adelaida C. Gines, Ph.D., RGC, RPsy
- President, Philippine Guidance & Counseling Association, Inc.



John Christopher D. Castillo, RSW, MSSW
Secretary-Manila Chapter, Philippine Association of Social Workers Incorporated



Civil Service Commission (CSC) as a Learning and Development Institution



Professional Regulation Commission (PRC) as CPD Provider

CLICK IMAGE BELOW TO RESERVE SLOT!

----- **REPLY SLIP** -----

(Reservation is **REQUIRED**. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____



ARCZONE
PROFESSIONAL DEVELOPMENT INC

Tel. Nos.: (02) 414 7589 | 781-6895
Fax No.: (02) 414 6737
Mobile No.: 0921 576 1676 | 0905 447 3534
Email: arczone_eduphil@yahoo.com

5 attachments



Civil Service Commission (CSC) as a Learning and Development Institution

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Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____

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Professional Regulation Commission (PRC) as CPD Provider

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----- **REPLY SLIP** -----

(Reservation is REQUIRED. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

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