



Republic of the Philippines
Department of Education
Region VII, Central Visayas
DIVISION OF CITY SCHOOLS – TAGBILARAN
City of Tagbilaran



Rajah Sikatuna Avenue, Dampas, Tagbilaran City, Bohol 6300 (038) 544-2147; 427-1702 dtagbilarancitydivision@yahoo.com www.depedtagbilaran.org

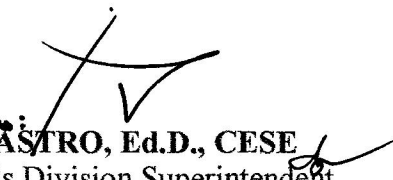
August 9, 2019

ADVISORY

No. 01, s. 2019

LIFE COACHING

1. This Office disseminates the communication from The Life Coach Training Institute (TLCTI) regarding their intention to seek an opportunity to advance life coaching in the schools of Tagbilaran City Schools Division and collaborate on how to improve performance of faculty and staff through life coaching skills, tools, techniques and resources.
2. The School Heads are given the discretion to allow the conduct of the activity, provided that they shall strictly observe the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.
3. Immediate dissemination of this communication is desired.


NERI C. OJASTRO, Ed.D., CESE
Assistant Schools Division Superintendent
OIC, Office of the Schools Division Superintendent



The Life Coach Training Institute – Philippines
2F Pioneer St. Market (PSM)
Relance Street, Mandaluyong City
0939. 913. 4319 Miko.Legaspi@gmail.com

02 August 2019

Dr. Neri C. Ojastro
Schools Division Superintendent
Tagbilaran City Schools Division

Dear Dr. Ojastro,

RECEIVED
DATE: 8/2/19 3:27 pm
CITY: _____
GTR #: _____

Greetings from The Life Coach Training Institute (TLCTI)!

TLCTI, is a 50-state, mobile certification program for experienced professionals who aspire to embark upon the journey of becoming a Certified Life Coach. The institute is based in Dallas, Texas, U.S.A. and has started its global expansion in the Asian Region with present foothold in the Philippines as the only international Life Coach Certification institution doing local face-to-face certification classes.

Presently, we have significant and growing number of Certified Life Coaches in the country conducting professional coaching services in their respective field of specialization and thriving either as individual coaching professional or as part of an organization. We have countless of success stories on how "coaching methodology" is improving the academic life through improved performance and accountability.

In view of the above, I am writing to seek an opportunity to advance life coaching in your school and collaborate on how we can improve performance of faculty and staff through life coaching skills, tools, techniques and resources.

Another area of priority that we advance LIFE COACHING is on Mental Health. We offer Life Coaching Session for Mental Health Awareness, Prevention and Intervention for teachers, parents and students. This is imperative as response to the alarming rise of depression and suicide rates among youth.

We can also customize a package to suit the requirements of the school but I would like to offer for consideration the following sessions:

- Life Coaching 101
- Life Coaching for Mental Wellness

Please find attached program details and schedule of fees for the above.

I can also be reached through 0939.913.4319 or via email: miko.legaspi@gmail.com

Thank you & kind regards,

Mr. Miko Legaspi,
Certified Life Coach
The Life Coach Training Institute

P.O. Box 222132 Dallas, TX 75222 682-231-0007
thelifecoachtraininginstitute@gmail.com
www.thelifecoachtraininginstitute.com

PROGRAM	DESCRIPTION
<p>Life Coaching 101</p>	<p><u>Life Coaching 101</u> Workshop for Faculty Members will enable participants to discover the meaning and value of the life coaching profession and how life coaching services can be utilized to achieve personal and professional goals and help in the overall performance of a person.</p> <ul style="list-style-type: none"> • Determine the purpose of life coaching for individual growth & development. • Define the benefits of life coaching in promoting holistic wellness inside the school. • Know the tools and techniques for life coaching that can help individuals cope with transitions and transformations in life. • Know the different areas of life coaching. • Understand the need for Life Coaching in promoting Mental Wellness and Holistic Health. • Experience Coaching Session with a professional Life Coach <p>Duration: 4 hours per session Class Size: Minimum 20 participants per session P599/participant with complimentary coaching session</p>
<p>Life Coaching for Mental Wellness</p>	<p>Life Coaching for Mental Wellness will enable participants to discover the meaning and value of life coaching profession and how life coaching services can:</p> <ul style="list-style-type: none"> • Equip participants to provide the necessary support needed by the students as they go through various transitions and transformations in life. • Help participants in understanding the challenges faced by the students and how they support children cope with the dynamics of learning environment. • Enable participants to understand the need to promote holistic wellness both in school and at home. • Provide Strength-Based Approach to Mental Wellness of a student. • Help participants gain understanding in relating with children who are highly exposed to the virtual world and predispose to unhealthy impact of social media. <p>Duration: 3 hours per session Class Size: Minimum 20 participants per session Honorarium for the Speaker</p>