



Republic of the Philippines  
**Department of Education**  
Central Visayas, Region VII  
Province of Bohol  
**DIVISION OF CITY SCHOOLS**  
Tagbilaran City



DIVISION MEMORANDUM  
No. 23 S. 2018

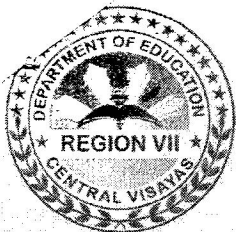
July 03, 2018

To : Heads, Public and Private Elementary and Secondary Schools  
All Other Concerned

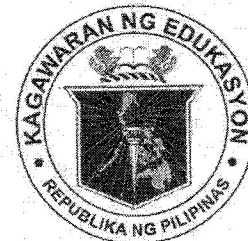
**2018 NUTRITION MONTH CELEBRATION**

1. For the information and guidance of all concerned, enclosed is a copy of Regional Memorandum No. 0472 s. 2018, dated June 26, 2018 with the Subject: 2018 Nutrition Month Celebration.
2. On the month of July, the whole nation celebrates Nutrition Month, to disseminate nutritional awareness to all Filipinos through a focal theme. : **Ugaliing Magtanim, Sapat Na Nutrisyon Aanihin !**
3. For more information and guidance, please read enclosure therein for your awareness.
4. Immediate and wide dissemination of this memorandum is highly needed.

  
**VIRGINIA C. ZAPANTA, Ed. D., CESO V**  
Schools Division Superintendent 



REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON  
DEPARTMENT OF EDUCATION  
**REHIYON VII, GITNANG VISAYAS**  
**REGION VII, CENTRAL VISAYAS**  
Sudlon, Lahug, Cebu City



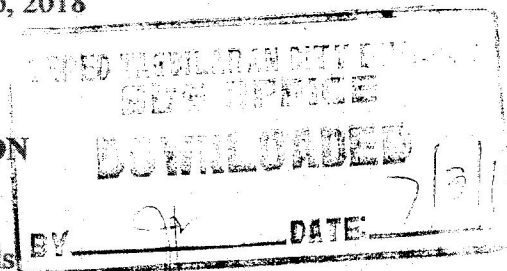
June 26, 2018

**REGIONAL MEMORANDUM**

No. 0472, s. 2018

**2018 NUTRITION MONTH CELEBRATION**

To: Schools Division Superintendents  
Heads, Public and Private Elementary and Secondary Schools  
All Others Concerned



1. Every year, on the month of July, the whole nation celebrates the **Nutrition Month**, purposely to disseminate nutritional awareness to all Filipinos through a focal theme. For 2018, the theme is **Ugaliing Magtanim, Sapat Na Nutrisyon Aanihin!** Nutrition Month, as mandated by Presidential Decree 491, is an annual campaign to raise the citizens' awareness of good nutrition in the Philippines. It is led by the National Nutrition Council and celebrated by the nutrition committee members, partners, and stakeholders, at all levels.
2. The Celebration campaigns to advertise vegetable gardening as a source of additional food. Home grown vegetables can contribute to improved food and nutrition security by increasing access to a diversified source of food for families and communities alike, as well as an additional income through sales from home-grown produce. Moreover, the Nutrition Month campaign is also an opportunity to promote the Philippine Plan of Action for Nutrition (PPAN) 2017-2022 to address malnutrition in the country.
3. In support of this developmental endeavor of the nutrition community to be spearheaded by the National Nutrition Council (NNC), the Department of Education (DepEd) urges all schools to participate in this celebration by undertaking meaningful activities which will highlight the importance of good health and nutrition.
4. However, it is emphasized, that the "Engaged Time-On-Task" policy of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. Each School shall submit to the District Office. Subsequently, the District Office should relay the reports to the Division Office for consolidation. The **consolidated** narrative and pictorial reports on the highlights of the observance of the Nutrition Month to be prepared by the Heads of the Division of Health and Nutrition Section is to be submitted to the **Regional Office**. See attached report for format.
6. Immediate dissemination of this Memorandum is desired.

*Juliet A. Jeruta*  
**JULIET A. JERUTA, Ph.,D. CESO IV**  
Director III  
Officer-in-Charge

A. What are the ways to celebrate Nutrition Month?

1. On July , and every after flag raising ceremony in the schools, the School Head shall conduct advocacy regarding the theme.
2. Simultaneous vegetable gardening activity in your community, school, workplace and other places. Distribute vegetable seeds, seedlings and planting materials and gardening tools.
3. Conduct lectures, seminars and demonstrations on vegetable production, processing and cooking.
4. Organize a vegetable trade fair to showcase various vegetable in the locality.
5. Conduct poster making contest on the importance of vegetables in the diet.
6. Conduct parades and motorcades
7. Conduct different contests ( cooking, slogan, jingle, pageant and other related contest from the theme)

B. 2018 NUTRITION MONTH NARRATIVE AND PICTORIAL REPORT

Division: \_\_\_\_\_

- I. Introduction.
- II. Highlights of activities undertaken
- III. Summary reports submitted from school to district , by districts to division, from division to Regional division

Names of Division	No. of Schools per Division	No. of Schools submitting Nutrition Month Celebration Reports	% submitted by Schools
1..Bogo City			
2.Bohol			
3. Carcar City			
4. Cebu Province			
5. Cebu City			
6. Danao City			
7. Lapu Lapu City			
8. Mandaue			
9. Naga City			
10. Siquijor			
11.Tagbilaran City			
12. Talisay City			
13. Toledo City			
14. Bais City			
15. Bayawan City			
16. Dumaguete City			
17. Guihulngan City			
18. Negros Oriental			
19. Tanjay City			

- IV. Best Practices of at least Top 3 Schools Implementer
- V. Pictorials with captions indicating name of district/schools